winter/spring 2016 activity guide

Morton Grove Park District

Resident registration begins December 7 and Non-Resident on December 14

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MORTON GROVE PARKS.COM

847-965-1200

park board

Daniel J. Staackmann
President

Mark Manno
Vice-President

Dan Ashta
Treasurer

Eileen Coursey
Commissioner

Dominick Burdi
Commissioner

A five-member Board of Commissioners governs the Morton Grove Park District. The Board serves without compensation for a six-year term and is directly responsible to the electorate. Professional staff, led by the Executive Director, handles day-to-day operations.

The Morton Grove Board of Park Commissioners welcomes citizens at all their meetings. All meetings are held at the Prairie View Community Center, 6834 Dempster St. Individuals needing special assistance should call one (1) week in advance (847) 965-1200 so that arrangements can be made. Scheduled meetings are:

Committee of the Whole – First Wednesday of the Month @ 6:30 pm

Park District Board Meeting– Third Wednesday of the Month @ 6:30 pm

This schedule is subject to change. For more information, call (847) 965-1200 or visit www.mortongroveparks.com

As we look back on the year, we have many things to be thankful for here at the Morton Grove Park District. Our District is thriving with new programs and higher participation levels than ever before. Our summer season was a huge success with hundreds of families enjoying our outdoor recreation facilities and programs. Looking ahead, there is much to be excited about, too. We have new leadership here at the District—someone who will work with us to lead the charge and help us to continue to develop as an outstanding community recreation provider.

After a thorough selection process, the Park Board selected Jeff Wait as our new Executive Director. For the past 20 years, Jeff has been dedicated to managing programs, projects and initiatives to enhance community life. He's worked at several award-winning districts and departments along the North Shore including: Winnetka, Deerfield, Northbrook and Lake Forest, and looks to apply his enthusiasm for and experience in the field to the Morton Grove Park District.

Jeff holds a Master's degree in Public Administration, and Master's and Bachelor's degrees in Recreation Administration--all from the University of Illinois, and is a Certified Park and Recreational Professional. Jeff is already thinking of new and creative ways to make our District "the first point of contact for recreation in our community." Welcome, Jeff!

When the holidays become recent memories and we hope that Punxsutawney Phil doesn't see his shadow, the Recreation Department will be in full swing with programs and events to keep your mind off of the bitter cold of winter.

You can work off those extra holiday pounds or get ready for the summer by joining CLUB FITNESS, our fitness center. To help you meet your New Year's resolution to get healthy or work out more; every new, annual membership will receive one month free. Not sure if CLUB FITNESS is right for you? During the week of January 10th, the fitness center and any group exercise will be free for you to try.

Join us on February 20th at the Civic Center for what has become an annual event; Cold Brews & Blues. Enjoy music and sampling of microbrews from around the area. Also, don't forget the annual Egg Hunt on March 25th at the Prairie View Community Center. This is a free event that children and staff look forward to every year.

For more information on our Winter/Spring programs, visit www.mortongroveparks.com.

As always, the Park Board of Commissioners welcomes any feedback from our residents. Please feel free to contact us with your thoughts and suggestions as we are stronger together.

Have a safe and warm holiday season and a Happy New Year.

Sincerely,

Dan Staackmann
Park Board President

Our Mission

The Morton Grove Park District is committed to enrich the quality of community life and promote recreational activities through creative programming for people of all ages and abilities, while protecting open space and natural resources for future generations.

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You can buy ad space in *this brochure* to promote your business AND help support the Morton Grove Park District! Market your business in your community! Call Mike Hayes at (847) 965-0290.

Thank You! We appreciate the help we receive from our sponsors:

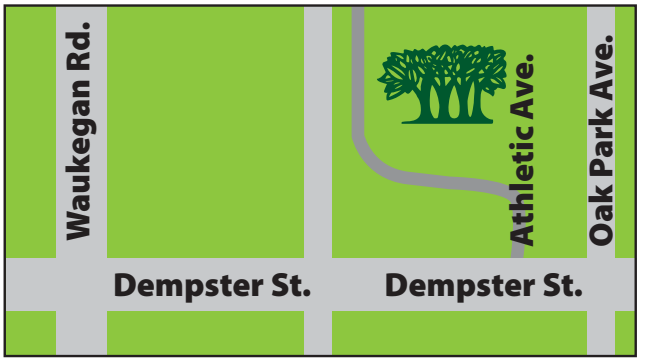
- Alden Management Services
- American Legion Post 134
- Athletico Physical Therapy
- Call One
- Concentra Urgent Care
- Cook County Commissioner 13th District Larry Suffredin
- Direct Fitness Solutions
- Edgebrook Cycle
- Eye Level Learning
- Groot Industries
- Halogen Supply Company
- Joseph Mullarkey Distributors
- L&L Graphic Solutions
- Lifeway Foods
- MB Financial Bank
- Minuteman Press
- Morton Grove Chamber of Commerce
- Physicians Immediate Care
- Promet Source
- Roaming Hunger
- State Representative 16th District Louis Lang
- State Senator Ira Silverstein
- Subway *(corner of Dempster/Marmora)*

2 general information

Prairie View Community Center

6834 Dempster Street

Free Wi-Fi access is available.



Club Fitness

Located inside Prairie View Community Center

	Phone	Fax
Administration	(847) 965-1200	(847) 965-7484
Park Police		
Registration, Club Fitness & Gym		(847) 965-4115

Hours
Memorial Day – Labor Day
Monday – Friday: 5:00 am – 9:00 pm
Saturday & Sunday: 7:00 am – 5:00 pm
Holiday Hours: 7:00 am – 3:00 pm
Labor Day – Memorial Day
Monday – Thursday: 5:00 am – 10:00 pm
Friday: 5:00 am – 9:00 pm
Saturday & Sunday: 7:00 am – 6:00 pm
Holiday Hours: 7:00 am – 3:00 pm

Registration deadline is one week before program starts unless otherwise noted.

Park District Staff

Sending an email? Use the following format to reach park district staff:
[FIRST INITIAL][LAST NAME]@MGPARKS.COM

For example, Jeffrey Wait is jwait@mgparks.com

Staff initials are next to the titles of their programs. If you have a question, call us and ask for the staff member supervising that program.

Administration

Jeffrey Wait, CPRP	Executive Director
Laura Kee	Human Resources, Risk Manager & Guest Services
Claudia Marren	Administrative Asst/ Recording Secretary
Liz Manning	Customer Service Supervisor

Recreation

Michael Hayes, CPRP	Superintendent of Recreation (847) 965-0290
Sue Braubach, CPRP	Wellness & Fitness Manager (SB) (847) 965-0532
Jeanette McNichols	Recreation Supervisor (JM) (847) 965-0942
Katie Halverson, CPRP	Recreation Supervisor (KH) (847) 965-0217
Elizabeth McCann	Recreation Supervisor (EM) (847) 965-0387
Kari Redmond	Recreation Supervisor (KR) (847) 965-0604

Finance, Registration

Marty O'Brien	Superintendent of Finance
Margarita Algarin	Finance Coordinator

Morton Grove Historical Museum

Melissa D'Lando	Museum Curator (MD)

Parks and Facilities

Greg Jayne, CPRP	Superintendent of Parks & Facilities
John Stroesser	Park Foreman
Doug Rees	Building Maintenance Supervisor

Park Police

Norm Stromberg	Park Police Coordinator

Office Closings

Closed Sunday, March 27th
Holiday Hours 7 am – 3 pm on Friday, January 1st

Hot Line: (847) 965-7558

For your convenience 24 hours a day, the Park District Hot Line provides information regarding class cancellations, program updates, weather decisions and much more.

#1	General Information
#2	Pool Information
#3	Adult Softball
#4	Morton Grove Baseball & Softball Association (MGBSA)
#5	Adult Volleyball Leagues/Field Rentals
#6	B.A.S.E./Preschool/Gap

Morton Grove Historical Museum & Education Center

The Haupt-Yehl Historic House Museum
6240 Dempster Street

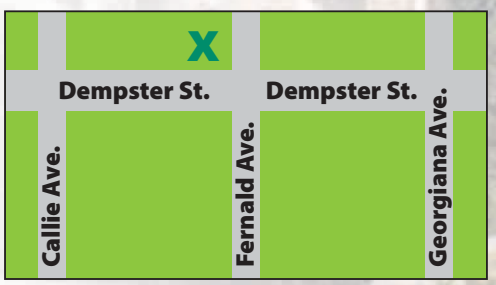
The John and Mary Helen Slater Education Center
6148 Dempster Street

For more information on the Morton Grove Historical Museum and Education Center, please see page 7.

Looking for a space to hold your next meeting? The Museum Education Center is available to rent! Equipped with wi-fi and a projection screen, this space can hold between 20 and 25 people. Rental fees are $25 for Morton Grove residents, and $50 for non-residents. Call the museum at (847) 965-0203 for more information.

	Hours	Phone
Museum and Education Center	(M – F) 11 am – 3 pm Open Sunday 2 – 4 pm March – May Closed weekends Jan/Feb	(847) 965-0203

Closed 1/1, 1/18, 3/27



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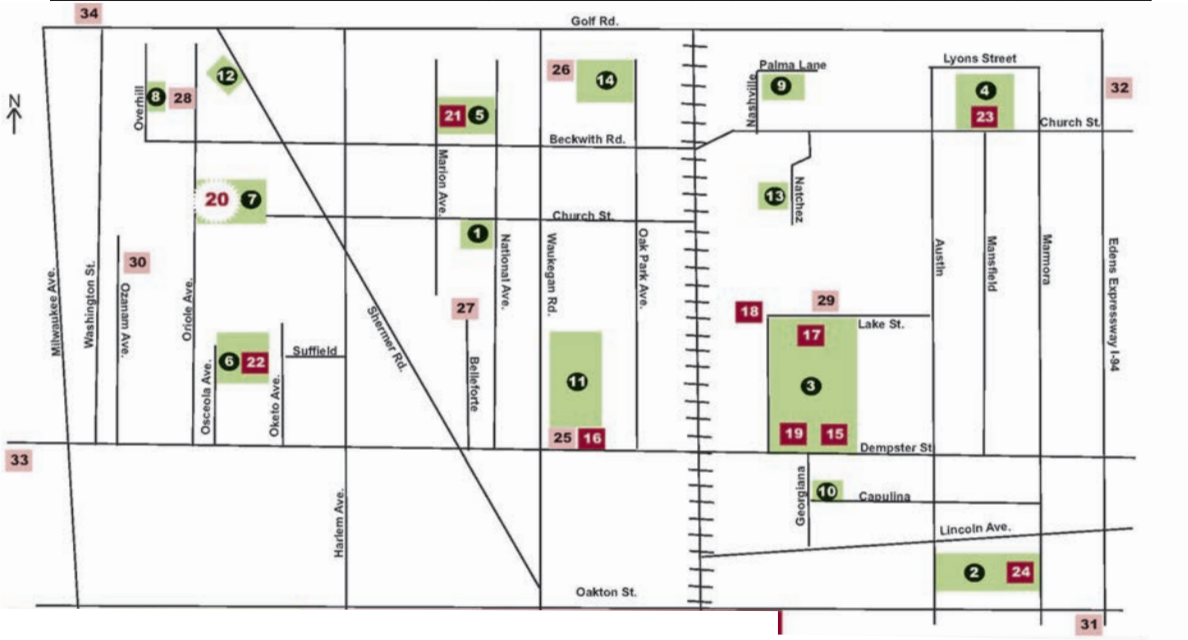
map of facilities

Morton Grove Park District	Administrative Building	Baseball Fields	Basketball Courts	Club Fitness	Concessions	Facility Rentals	Fieldhouse/Shelter	Gymnasium	Kids' Center	Maintenance Building	Museum	Playground Equipment	Prairie Nature Preserve	Racquetball Courts	Roller Hockey	Sand Volleyball	Sauna/Whirlpool	Soccer Field	Softball Field	Swimming Pool	Tennis	Walking Path	Acreage
Arnum Park 7035 Church												■											.26
Austin Park 8336 Marmora		■	■			♿	♿					■				■			■			.26	5.0
Frank Hren Park+ 9500 Oak Park Ave.							■					■	■					■				.40	8.0
Harrer Park 6250 W. Dempster		■	■		■	♿	■			■	■	■							■	■	■	.53	22.0
Jacobs Park 9226 Natchez			■									■											.50
Mansfield Park 5830 Church		■	■			♿	♿					■										.29	3.5
National Park 9325 Marion		■	■			♿	♿					■			■	■			■		■	.30	7.0
Oketo Park 8950 Oketo		■	■			♿	♿					■											3.1
Oriole Park 9201 Oriole			■		■							■				■				■	■		3.5
Overhill Park 9345 Overhill												■											.52
Palma Lane Park 9509 Nashville		■	■									■											2.0
Pioneer Park 8617 Georgiana												■											.26
Prairie View Park 6834 Dempster	■	■	■	■	■	♿	♿	■	■			♿	■	■		■	■	■			■	.52	16.0
Shermer Park 9500 Shermer			■									■											2.0



PARKS

1. Arnum Park, 7035 Church
2. Austin Park, 8336 Marmora
3. Harrer Park, 6250 Dempster
4. Mansfield Park, 5830 Church
5. National Park, 9325 Marion
6. Oketo Park, 8950 Oketo
7. Oriole Park & Pool, 9200 Oriole
8. Overhill Park, 9345 Overhill
9. Palma Lane Park, 9509 Nashville
10. Pioneer Park, 8617 Georgiana
11. Prairie View Park, 6834 Dempster
12. Shermer Park, 9500 Shermer
13. Jacob's Park, 9226 Natchez
14. +Frank Hren Park, 9500 Oak Park

DISTRICT FACILITIES

15. MG Historical Museum & Education Center, 6148-6240 Dempster
16. *Prairie View Community Center, 6834 Dempster
17. *Harrer Park Pavilion, 6250 Dempster
18. Park Maintenance Garage, 6250 Dempster
19. *Harrer Pool, 6250 Dempster
20. *Oriole Park Aquatic Center
21. *National Park Fieldhouse, 9325 Marion
22. *Oketo Park Fieldhouse, 8950 Oketo
23. *Mansfield Park Fieldhouse, 8336 Marmora
24. *Austin Park Fieldhouse, 8336 Marmora

*Rental Opportunities Available
+Leased Property

OTHER PROGRAM LOCATIONS

25. M-NASR, 6820 Dempster
26. Golf School, 9401 Waukega Rd.
27. Hynes School, 9000 Belleforte
28. Melzer School, 9400 Oriole
29. Parkview School, 6200 Lake St.
30. Nelson School, 8901 Ozanam, Niles
31. Niles West H.S., 5701 Oakton St., Skokie
32. Niles North H.S., 9800 N. Lawler, Skokie
33. Maine East H.S., 2601 Dempster St., Park Ridge
34. Washington School, 2710 Golf Rd., Glenview

Registration deadline is one week before program starts unless otherwise noted.

No matter the occasion we have the perfect rental space for your next get-together!

	Capacity	Tables	Chairs	Set-up Provided	Attendant	Fridge	Sink	Stove	Microwave	Fee	Additional Hours (per 1 hour)	Rental Deposit
Prairie View Community Center										Resident/Non-Resident		
Community Room	120	15	120	X	X	X	X	X	X	$280/560 for 4 hrs	$70/140	$150
Activity Room	30	5	30	X	X					$120/240 for 4 hrs	$30/60	$150
Gym	150	0	0		X					$100/200 for 2 hrs	$50/100	$150
Harrer Park												
Shelter**	60	0	0							$30/60 for 4 hrs	$10/20	$150
Oriole Park												
Palm Room	50	8	50	X	X	X	X			$160/320 for 4 hrs	$40/80	$150
Fieldhouse												
National	100	16	100	X		X	X			$180/360 for 4 hrs weekend fees & weekday fees (9–6 pm) is $100/$200 for 4 hrs when available	$45/90	$150
Austin*	50	8	50	X		X	X			$160/320 for 4 hrs	$40/80	$150
Oketo*	50	7	50	X		X	X			$160/320 for 4 hrs	$40/80	$150
Mansfield*	50	7	50	X		X	X			$160/320 for 4 hrs	$40/80	$150

*Available for rental May-July ONLY **Available for rental May-Sept ONLY

Looking for a space to hold your next meeting? The Museum Education Center is available to rent! Equipped with wi-fi and a projection screen, this space can hold between 20 and 25 people. Rental fees are $25 for Morton Grove residents, and $50 for non-residents. Call the museum at (847) 965-0203 for more information.

- Birthday Party
- Bridal Shower
- Baby Shower
- Family Reunion
- Bar/Bat Mitzvah
- Business Meeting

Rental Deposit Policy

All rentals require a $150.00 rental deposit. The deposit and rental fees are due within 5 days of approval notification. Deposits are non-refundable without 30 days notice of cancellation. Deposits will be returned according to the following deadlines, provided all contract rules were followed and no damages were incurred to the building or its contents.

Initial Payment Method
Credit Card: 1-5 days
Cash/Check: 10-14 days

For questions, please contact (847) 965-1200

Rental Reservation Procedure

1. Fill out Rental Request Form, available at: www.mortongroveparks.com or at the Prairie View Community Center
2. Submit Rental Request Form to: the Front Desk at Prairie View Community Center
3. Rental Supervisor will contact you within (3) three business days
4. Reservations must be made at least 2 weeks out, but cannot be made more than 90 days in advance.

Rental Hours

10 am – 10 pm Saturdays and Sundays

Restrictions

The Park District prohibits alcohol, grilling, smoking, open flames, inflatables, DJ/Bands and collection of fees or charges for the use of the room. Additional restrictions may apply.

Rental opportunities now available weekdays at National Park Fieldhouse.

6 Party at the Park District

Hassle-free birthday party packages at Prairie View Community Center

Party packages accommodate 15 guests for 2 hours.
Extra guests may be added for an additional fee.

PARTY INCLUDES: party host, basic decorations (based on selected theme), cake with 75 minutes of activities.

R/NR Fee: $235/317Additional Child $10 each

Parties MUST be booked at least 3 weeks in advance.
Request forms online and at Prairie View Community Center.

Contact Jeanette McNichols at (847) 965-0942 for more information.

Party Package	Age	Description
Tot-Land	6 Months – 4	This party is designed for our littlest party animals! From crawlers to walkers - they will all enjoy the tunnels and tumbling toys that are set out for them to explore. Parents must accompany their toddler to the party.
Prince/Princess Party	2 – 6	This party is for the little princess or prince in your life. We'll have royal fun as we play games, make a craft and enjoy a parade of the birthday child's royal court!
Pirate Party	4 – 10	Yo ho, yo ho, a pirate's life for me! Children will transform into real pirate's by making pirate hats and taking part in a treasure hunt!
Super Hero	4 – 10	The Justice League is looking for new recruits. Gather your friends and celebrate with games and activities. Party is appropriate for Super Boys and Girls.
Old Fashion Fun!	4 – 12	Activities to bring back the memories of your childhood. The fun includes Pin the Tail on the Donkey, Musical Chairs, Hot Potato and more... you choose.
Eternally Frozen Kingdom	4 – 12	This party is filled with winter magic, games and frozen (ice cream) cake. There may even be a special visit from a magical, frozen-inspired character!
Hawaiian Luau	5 – 10	Put on your grass skirt and leis and join us for an unforgettable tropical getaway! See how low you can go under the limbo stick, challenge your guests to a hip shaking hula hoop contest and much more.
Sports Galore	5 – 12	Shoot, kick, pass and score at this high energy birthday party! This party includes a variety of sports from basketball and relay races to pillow polo and more!
Dance Party	5 – 14	Let's get this party started! One of our dance instructors will lead your party in a variety of choreographed routines. The guest of honor can choose from ballet, hiphop, jazz or their own combination of dance styles. Dance 'til you drop!
Create-A-Party	Don't see a party that's right for you? We'll customize a party together to meet your needs. We will do all the work!	

Registration deadline is one week before program starts unless otherwise noted.

Morton Grove Historical Museum
& Education Center

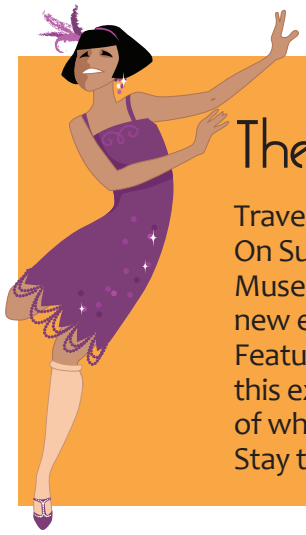
Your key to local history!

7

Morton Grove Park District

In cooperation with the Morton Grove Historical Society

NEW EXHIBIT!



The Roaring Twenties in Morton Grove

Travel back in time at the Morton Grove Historical Museum! On Sunday, March 13th at 2 pm, visit the Morton Grove Historical Museum Education Center for the opening reception of a brand new exhibit documenting the wild, raucous, roaring twenties! Featuring artifacts and memorabilia from the museum's collection, this exhibit will explore the village of Morton Grove through the lens of what made the 1920's such a unique and influential decade. Stay tuned for more 1920's-themed programs!

BECOME A MEMBER!
For pricing details and membership benefits visit our website.
Or call
(847) 965-0203
for more information.

- The Haupt-Yehl House–now the Morton Grove Historical Museum–was originally located at 6025 Lincoln Avenue in Morton Grove
- Built in 1888 by Nicholas Haupt
- Furnished with artifacts depicting life of late 19th and early 20th century settlers
- New 2015 displays in the Haupt-Yehl house
- The lower level of the Haupt-Yehl house is now showing the "Mapping Morton Grove" exhibit
- *Images of America Morton Grove*, can still be purchased. Get your copy today!
- Both **traveling history trunks** and an **in-house primary source analysis lab** are available to school and community groups by request. Contact the museum.

Those Were the Days– Radio Players
Sun., Feb. 14th, 2 pm

The Radio Players West troupe will take us back in time to 1930's and 1940's radio. Their performance will include selections from favorite love stories of yore including "The Shop Around the Corner" and "My Favorite Husband"! Admission is free, but space is limited so **please contact the museum at (847) 965-0203 to register.**

6148-6240 Dempster St.
Morton Grove
(847) 965-0203

The Haupt-Yehl Historic House Museum is 6240 Dempster Street

The John and Mary Helen Slater Education Center is 6148 Dempster Street

Museum & Education Center Hours
Mon – Fri 11 am – 3 pm
Sun 2 – 4 pm
(closed weekends Jan/Feb)
Closed 1/1, 1/18, 3/27

Aquatics questions? Contact Jeanette McNichols at jmcnichols@mgparks.com or (847) 965-0942

POOL HOURS will be listed in our Summer Program guide and website, starting in April!

Harrer Pool 6250 Dempster Street
Opens the weekend of June 4th–5th

Oriole Park Aquatic Center 9200 Oriole Avenue
Opens Memorial Day weekend, May 28th–30th

Your Safety is Our Business
All Morton Grove Park District lifeguards are certified through Ellis & Associates, a leader in the aquatics industry. In accordance with the Ellis & Associates International Pool and Waterpark Lifeguard training program, our guards must complete a minimum of 28 hours of initial training.

2016 Pool Pass Information
Please check the website starting Feb 1st for pool rates.
Passes go on sale starting March 1st.

SAVE by buying EARLY!

Swim Lessons
Please check the website April 1st for more information.

Aquatic Employment
Numberous summer positions are available at both pools. The majority of hiring is performed by the end of March. The district utilizes an online application process. Explore opportunities and apply for a position at www.mortongroveparks.com.

SPLASH! Party

Birthdays are better at the pool

Res/Non-Res Fee: $230/311
Additional Guests: $10 each (up to 30 guests)

Splash parties include: 2 hour private room rental for 15 guests and Pool admission during open swim hours

Reservations are taken on a first-come, first-served basis starting February 1.

Questions? Contact Jeanette McNichols at (847) 965-0942 or jmcnichols@mgparks.com for more information.

FREE POOL PASS with a Sr. or Individual Fitness Membership!! See pg. 37
$50 upgrade fee for Family memberships

$99 Individual Pool & Fitness Memberships
from Memorial Day through Labor Day
*This special goes on sale starting March 1st

Registration deadline is one week before program starts unless otherwise noted.

Spring Arts and Craft Fair KH

NEW!

Prairie View Community Center

Calling all art and craft enthusiasts! Shop from local vendors at our first ever Spring Art and Craft Fair. If you would like to be a vendor, please stop at the Prairie View Community Center registration desk: $20 per space with 6' table, $10 per space (bring your own table). No electrical outlets available.
Register by March 15th at the Prairie View Community Center Front Desk. This event is not open to internet registration.

Age	Date	Day	Time
Any	4/2	Sa	10 am – 3 pm

MORTON GROVE FARMERS' MARKET

The Morton Grove Farmers' Market Indoor Winter Markets will be on Saturday, December 5th, 2015 and Saturday, February 6th, 2016.

~ Holiday Shopping ~ Edible Assortments
~ Children's Activities ~ Live Music
~ Market Cafe

Link / SNAP / EBT accepted with Double Value Tokens offered

Who: Morton Grove Farmers' Market

What: Indoor Winter Market

When: Saturday, 12/5/15 and Saturday, 2/6/16

Time: 9 am - 2 pm

Where: Morton Grove Civic Center, 6140 W. Dempster St., Morton Grove, IL 60053

- December 5th Entertainment: RC Juggles Amazing Balloon Creations and Entertainment
- ***Exclusive December Winter Market Sponsor: Bath Fitter***
- MGFM contact info:
  http://mgfarmersmarket.com
  connect@mgfarmersmarket.com
  847.750.MGFM (6436)

WINTER SWIMMING 2016

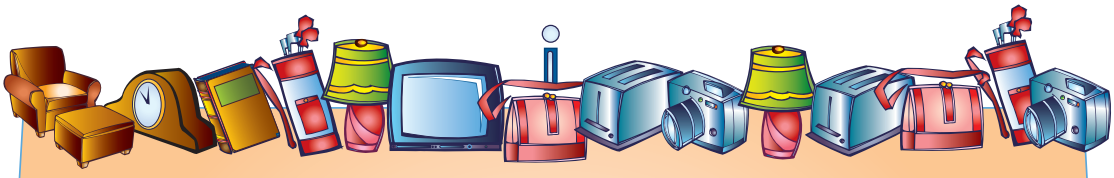
- SWIM AMERICA SWIM LESSONS
- ADULT SWIM LESSONS
- PRIVATE LESSONS
- COMMUNITY OPEN/LAP SWIM

JANUARY 12TH – MARCH 12TH

FOR MORE INFORMATION VISIT THE SKOKIE PARK DISTRICT WEBSITE AT WWW.SKOKIEPARKS.ORG OR CALL (847) 674-1500.

MORTON GROVE RESIDENTS RECEIVE SKOKIE RESIDENT RATES.

special events



Second Hand Treasures NEW!

Giant Garage Sale JM

One man's junk is another man's treasure! Get the family together to do a little spring cleaning, get rid of those white elephants taking up room and gathering dust and sell those difficult-to-part- "treasures" at the Annual Second Hand Treasures Giant Garage Sale. It will take place in the Prairie View Community Center Parking lot. Staff will be grilling and selling food! Exhibits are open to the public at no charge. If you would like to be an exhibitor, register early. The Park District provides advertising and a selling space. At the end of the event a donation truck will be available. In the event of poor weather the event will be canceled and a 50% fee refund will be issued. **Register by May 1st.**

Prairie View Community Center

Saturday, May 14th 9 – 1 pm

11975: Space & 6' table rental $34 R / $46 NR

12252: Space only $20 R / $27 NR

*****_This program is not available for online registration._

The Bunny Brunch JM

NEW!

Saturday, March 19th

10 – 11:30 am

National Field House

Celebrate Easter with the Park District and friends at our holiday brunch. Afterwards, have your picture taken with the Easter Bunny. The Easter Bunny will have a special treat for each child at the brunch. Don't forget your camera!
Register by March 1st.

Under 12 months: FREE
11978: Under 4 years, $15 R (per person) / $20 NR (per person)
11977: 4 years to adult, $17 R (per person) / $23 NR (per person)
Children and Families

Registration deadline is one week before program starts unless otherwise noted.

Cold Brews & Blues

Appetizers

Blues Band

Take home souvenir glass

Microbrews

Morton Grove Park District

Blues Music & Beer Tasting Event JM

February 20th

Head to the Morton Grove Civic Center,
6140 Dempster St., Morton Grove, IL 60053
for microbrews beer tasting and to listen to some blues!

Code	TICKET	FEE	INCLUDES	TIME
12248	Early Bird	$25	includes 10 tickets/drink samples/tasting glass	1 - 4 pm
12249	VIP	$45	includes 15 tickets/souvenir beer tasting glass/complimentary pint glass and entrance to VIP station	begins at 12-Noon
NA	General at Door	$35	includes 10 tickets/drink samples/tasting glass	1 -4 pm

Designated Drivers get in for FREE!!

21 and older only

Additional tickets will be sold at the event. $1 per ticket = 1 drink

Prices, Breweries and additional event information online
www.mortongroveparks.com

MORTON GROVE PARKS.COM
847-965-1200

special events

Disney on Ice: 100 Years of Magic KH

Rosemont

Share the magic of Disney! See all your favorite Disney friends and sing along to over 30 classic Disney tunes. The fee for this trip includes transportation and admission.

Code	Age	Date	Day	Time
12025	Any	1/23	Sa	10 am – 2:30 pm

Fee: $40 R/$54 NR

Daddy/Daughter Rockin' Fifties Dance KR

Prairie View Community Center

Dads grab that special lady and dance around the clock. You'll enjoy a delicious dinner, games and dancing to some rock and roll. Each child will receive a photo to remember this special occasion. So put on those poodle skirts daughters, grease back that hair dads and get ready to celebrate the decade that changed us all, The Fabulous Fifties.

Code	Age	Date	Day	Time
11416	4 –11	2/12	F	6:30 – 9 pm

Fee: $32 R/$43 NR/Discount for 2 - 4 participants: $22

Hot Wheels Classic JM

NEW!

Prairie View Community Center

Bring your fastest Hot Wheels or Matchbox car and compete for the "big prize". Refreshments will be served. Children age 3-6 must be accompanied by an adult.

Code	Age	Date	Day	Time
11976	3 – 6	2/19	F	4 – 5 pm

Fee: $15 R/$21 NR

Chicago Auto Show KH

NEW!

Chicago

This year marks the 107th edition of the Chicago Auto Show. Beat the winter doldrums and attend the largest auto show in North America. Fee includes transportation and general admission ticket.

Code	Age	Date	Day	Time
12202	Any	2/20	Sa	9:30 am – 2:30 pm

Fee: $25 R/$34 NR

T.G.I.F. Family Night JM

Prairie View Community Center

Bring your family for an evening of fun. Families will enjoy entertainment, a tot play area, sports and other fun, organized activities. Parents must accompany ALL children.

Code	Age	Date	Day	Time
11415	Any	2/19	F	6:30 – 8:30 pm

Fee: $3 per child and for parents

Clover Hunt JM

NEW!

Prairie View Community Center

Prizes will be given to children who find the special clovers. Treat bags will be distributed to the first 100 children in each session. This event will be held rain or shine! Registration is not required, just show up for the fun.

Age	Date	Day	Time
3 – 5	3/11	F	4 pm
6 – 10	3/11	F	4:30 pm

FREE!!

Mother Son Sports Night EM

Facing off, it's Moms vs. Sons! Enjoy a pizza dinner before hitting the gym for some exciting, challenging mother-son competition. Wear your favorite sports attire for a memorable night out with Mom. Just one question remains...who will win? **Register by March 12th.**

Code	Age	Date	Day	Time
11974	6 – 11	4/1	F	6:30 – 8:30 pm

Fee: $24 R/$32 NR

Fairy Tale Tea Party KH

NEW!

Palm Room

Have a magical time at this fairy tale themed tea, fit for young fairies and their mothers! Come dressed as your favorite fairy tale character and ready for afternoon festivities of special games and a commemorative craft. RSVP by April 15 to secure a spot.

Code	Age	Date	Day	Time
11886	3 – 7	4/23	Sa	3 – 5 pm

Fee: $20 R/$27 NR

Eggstravaganza Egg Hunt KR

Prairie View Community Center

Open to Morton Grove residents only. Children join the Easter Bunny in a hunt for eggs in Prairie View Park. The hunt is divided into three categories: 3-4 years, 5-7 years and 8-10 years old. All ages are to report to the tennis courts by 11am. In case of inclement weather the event will be held inside the Prairie View Community Center. Children must be accompanied by a parent. Please provide your own basket. Eggs contain small toys and candy. Parental discretion advised.

Code	Age	Date	Day	Time
11819	3 – 9	3/25	F	11 am

FREE!!

Jelly Bean Contest JM NEW!

Prairie View Community Center

From March 11th through March 25th there will be a jar full of jellybeans in the Prairie View Community Center. Come in and guess how many jellybeans are in the jar. Easter Baskets will be awarded to the two children who come closest to the exact count. Children age 3-12 only, please. Registration is not required.

FREE!!

Teen Flashlight Egg Hunt KH

Prairie View Community Center

Think egg hunts are too easy? How about in the dark? It's lights out for this late night egg hunt! Grab a flashlight and basket and join friends in a search for eggs filled with candy and prizes. Find a coveted golden egg for an extra special prize.

Code	Grade	Date	Day	Time
11805	5th – 8th	3/24	Th	8 – 8:30 pm

Fee: $5 R/$8 NR

Bunny Trail KR

Your Home

Peter Rabbit is hopping down the Bunny Trail, making a special trip to deliver baskets filled with treats to Morton Grove residents. Peter will make his stops between 4-7pm on Wednesday, March 23. This is a surprise every child would love to receive. Only open to Morton Grove Residents.

Code	Age	Date	Day	Time
11823	under 15	3/23	W	4 – 7 pm

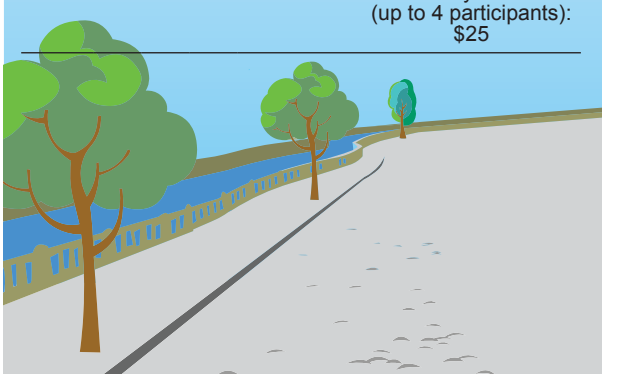
Fee: $20 R

Morton Grove Riverwalk KH/MD NEW!

Education Center at Historical Museum

Join us as Mark Hauser, Education Manager from Friends of the Chicago River, walks us through the Morton Grove's Linne Woods and discusses both the history and habitat of the Chicago River, from its local roots here in Morton Grove to its importance within the greater Chicagoland area.

Code	Age	Date	Day	Time	Fee
12156	Any	4/23	Sa	11 am – 1 pm	Individual R/NR $10 Family R/NR (up to 4 participants): $25



Save the Date!

2016 Annual Dance Recital KH

Maine East High School

Sunday, 5/22 12- 2 pm

$10 Advanced Registration

$15 at Door

Program 11627

**Please call for handicap seating*

Visit www.mortongroveparks.com for flower purchasing info!

parent and child

Gymnastics - Parent & Me EM

In parent-tot classes, adult and child share a special time together while the child participates in tumbling, obstacle courses, balance beam and bars. Music, ribbons, balls and other fun equipment are used to make class an entertaining, developmental experience. Children are encouraged to explore their abilities, use their imaginations, enhance listening capabilities, socialize in a group and develop gross motor skills.
Instructor: Cindy Morano and Staff

USA GYMNASTICS. Member Club

Tumbling Tots EM

Children are given the opportunity to succeed, use their imagination, enhance listening skills, develop self-esteem and build confidence through tumbling, movement exploration, balancing and the development of gross motor skills. Obstacle courses, themed weeks, ribbons, balls, balance beam, bars and vaulting are part of this fun experience.
Instructor: Cindy Morano and Staff

Advanced Tumbling Tots EM

Children develop gross motor skills through movement exploration, tumbling and balancing. Class is for participants who are not old enough to be in the recreation classes but have passed the tumble tot program. Classes are grouped by skill levels. Instructor approval is needed.
Instructor: Cindy Morano and Staff

NO CLASS:
1/9, 1/18, 1/23, 2/15, 3/2, 3/12, 3/25, 3/26, 3/27, 3/28, 3/29, 3/30, 3/31, 4/1, 4/2, 4/3, 4/6, 4/8, 4/22, 5/8, 5/21

Class	Code	Age	Date	Day	Time	Fee	Location
Parent & Me Gymnastics	11979	1½ – 3	1/16 – 2/27	Sa	9 – 9:45 am	$55 R/$75 NR	Prairie View Community Center
Parent & Me Gymnastics	11980	1½ – 3	1/16 – 2/27	Sa	9:45 – 10:30 am	$55 R/$75 NR	Prairie View Community Center
Tumbling Tots	11985	4 – 5	1/16 – 2/27	Sa	10:30 – 11:15 am	$55 R/$75 NR	Prairie View Community Center
Parent & Me Gymnastics	11982	1½ – 3	4/9 – 5/14	Sa	9 – 9:45 am	$48 R/$65 NR	Prairie View Community Center
Parent & Me Gymnastics	11983	1½ – 3	4/9 – 5/14	Sa	9:45 – 10:30 am	$48 R/$65 NR	Prairie View Community Center
Tumbling Tots	11986	4 – 5	4/9 – 5/14	Sa	10:30 – 11:15 am	$48 R/$65 NR	Prairie View Community Center
Parent & Me Gymnastics	11981	1½ – 3	1/10 – 2/28	Su	8:45 – 9:30 am	$55 R/$75 NR	Niles West
Tumbling Tots	11987	4 – 5	1/10 – 2/28	Su	9:30 – 10:15 am	$55 R/$75 NR	Niles West
Parent & Me Gymnastics	11984	1½ – 3	3/13 – 5/15	Su	8:45 – 9:30 am	$55 R/$75 NR	Niles West
Tumbling Tots	11988	4 – 5	3/13 – 5/15	Su	9:30 – 10:15 am	$55 R/$75 NR	Niles West
Tumbling Tots	11989	4 – 5	1/4 – 2/29/16	M	6 – 6:45 pm	$55 R/$75 NR	Niles West
Tumbling Tots	11990	4 – 5	3/14 – 5/2	M	6 – 6:45 pm	$55 R/$75 NR	Niles West
Adv. Tumbling Tots for boys	11991	4 – 5	1/6 – 2/17	W	6 – 7 pm	$65 R/$88 NR	Niles West
Adv. Tumbling Tots for girls	11992	4 – 5	1/6 – 2/17	W	6 – 7 pm	$65 R/$88 NR	Niles West
Adv. Tumbling Tots for boys	11993	4 – 5	3/9 – 5/4	W	6 – 7 pm	$65 R/$88 NR	Niles West
Adv. Tumbling Tots for girls	11994	4 – 5	3/9 – 5/4	W	6 – 7 pm	$65 R/$88 NR	Niles West

Registration deadline is one week before program starts unless otherwise noted.

My Gym KR

Prairie View Community Center

My Gym has created an extraordinary fitness program devised to help children develop physically, cognitively and emotionally. This class incorporates fitness, music, dance, puppets, relays, games, gymnastics, sports and other original activities. The children have fun as they exercise and gain strength, balance, coordination, agility, flexibility and social skills. My Gym offers a unique program that is formulated so that youngsters succeed! PARENTS ATTEND THIS CLASS WITH PARTICIPANT.

Code	Age	Date	Day	Time
12240	6 mth – 2	2/25 – 3/17	Th	9:30 – 10:10 am
12242	6 mth – 2	4/7 – 4/28	Th	9:30 – 10:10 am
12241	2 – 4½	2/25 – 3/17	Th	10:20 – 11 am
12243	2 – 4½	4/7 – 4/28	Th	10:20 – 11 am

Instructor: Lindsey Wisnewski
Fee: $68 R/$92 NR

Gym Art & Music KR

Prairie View Community Center

Families are welcome to join the fun! We will stretch our muscles on the gym floor, dance and sing to our hearts content and finish off with a creative art project all in one day!

Code	Age	Date	Day	Time
12238	2 – 5	1/5 – 2/9	Tu	9:30 – 11 am
12239	2 – 5	2/16 – 3/22	Tu	9:30 – 11 am

Instructor: TBD
Fee: $49 R/$66 NR

Music Together with Harmonious Horizons KR

Prairie View Community Center

Children (infants – 5 year olds) and their parents or caregivers meet for 45 minutes and are immersed in a complete musical experience from beginning to end. We will share songs, instrument play, rhythm chants, and movement activities in a relaxed, playful, non-performance-oriented setting. Music is learned through developmentally appropriate activities that support and respect the unique learning styles of very young children. Each child can participate at their own level and are able to explore in a variety of ways with the example of the adults' participation in and joy of making music. These classroom activities serve as a springboard for further music-making at home. This is a parent and child class.

Code	Age	Date	Day	Time
12244	6 mth – 6	1/4 – 2/1	M	9:15 – 10 am
12245	6 mth – 6	2/22 – 3/14	M	9:15 – 10 am

Instructor: Tiffany Gates
Fee: $68 R/$92 NR

Parent and Child Karate EM

National Park Fieldhouse

An excellent opportunity to spend quality time with your child while conditioning muscles, developing coordination and improving cardiovascular fitness. Fees are per person.

Code	Age	Level	Date	Day	Time
11874	over 7	Beg/Cont white-red	1/6 – 3/23	W	6:30 – 7:25 pm
11889	over 7	Beg/Cont white-red	4/6 – 6/8	W	6:30 – 7:25 pm
11875	over 7	Nov/Int orange-blue	1/6 – 3/23	W	7:30 – 8:25 pm
11890	over 7	Nov/Int orange-blue	4/6 – 6/8	W	7:30 – 8:25 pm
11873	over 7	Adv green+	1/6 – 3/23	W	8:30 – 9:30 pm
11891	over 7	Adv green+	4/6 – 6/8	W	8:30 – 9:30 pm

Instructor: IL Shotokan Karate
Fee: $117 R/$158 NR Winter
$98 R/$132 NR Spring

childcare

CHILDCARE DISCOUNT
RECEIVE 10% OFF IF YOU PAY IN FULL!

Listed fees denote the annual cost for the school year. Payment Plans are available. Contact Jeanette McNichols at (847) 965-0942 for more details.

B-4 School Club JM

5 – 12 Years
A before school program for Districts 63, 67 and 70. A cereal breakfast is provided.

District 63 - Melzer, Nelson & Washington Schools

Prairie View Community Center, Gymnasium A

Parents/guardians of children from District 63 drop their child(ren) at Prairie View Community Center. Children will be bused to their school following the program.

Code	Day/Date	Time	Fee
Melzer **11030**	M – F, 8/18 – 6/8	7 – 8:45 am	$1,791
Nelson **11032**			
Washington **11033**			

District 67 - Hynes School

Hynes School

11034	M – F, 8/25 – 6/8	7 – 8:30 am	$1,234

District 70 - Park View School

Park View School

11035	M – F, 8/27 – 6/8	7 – 8:30 am	$1,150

***Fees will be prorated.**

B.A.S.E. JM
(Best After School Experience)

5 – 11 Years

The Morton Grove Park District is a proud member of the Illinois Afterschool Network. The B.A.S.E. (Best After School Experience) program creates a positive, safe and nurturing environment to allow children to freely express themselves. Centers provide an assortment of physical activities, arts & crafts, as well as areas for reading, drama, math and science. A snack is provided daily.

District 67 - Hynes School (and Golf students)

Hynes School

11045	M – F, 8/25 – 6/8	3 – 6 pm	$1,914 (4-5 day price)
10597	M – F, 8/25 – 6/8	3 – 6 pm	$1,362 (2-3 day price)

District 70 - Park View School

Park View School

11062	M – F, 8/27 – 6/8	3:15 – 6 pm	$1,914 (4-5 day price)
11063	M – F, 8/27 – 6/8	3:15 – 6 pm	$1,362 (2-3 day price)

***Fees will be prorated.**

Flex Pass JM

Anyone who purchases a Flex Pass after May, will be allowed to use remaining pass for the 2016-2017 school year. Only one pass will qualify. The Flex Pass is perfect for your last minute childcare needs. It is good for either 10 days of B-4 School or 5 days of afterschool (B.A.S.E.) program care. Passes can be shared among family members and notification of use can be made as late as 1 pm the same day. This is an effective, affordable and convenient alternative for last minute needs. Passes may be purchased at the front desk of the Prairie View Community Center. Flex passes cannot be used for Early Release or GAP days.

Flex passes are non-refundable.

B-4 School (10 visits)
Hynes, Golf and Park View $58

Melzer, Nelson and Washington $79 (includes bus trans)

B.A.S.E. (5 visits)
Hynes, Golf and Park View $58

Registration deadline is one week before program starts unless otherwise noted.

Gap Program JM

For School Breaks & Days Off

Grades K – 6

Prairie View Community Center

All days are 7 am - 6 pm unless noted

There may be a gap from school, but not from fun! Join your friends in a fun-filled day packed with games, sports, crafts and a field trip or in-house activity. Our Gap program welcomes all students K through 6th. Please pack a lunch unless notified. Please enroll your child before deadline.

GAP Day	Code	Date	Time	Day	Fee	Reg. Deadline
Winter Break	**11724**	12/21	7 am – 6 pm	M	$48 R/$62 NR	12/14
Winter Break	**11725**	12/22	7 am – 6 pm	Tu	$48 R/$62 NR	12/15
Winter Break	**11726**	12/23	7 am – 6 pm	W	$48 R/$62 NR	12/16
Winter Break	**11732**	12/24	7 am – 3 pm	Th	$36 R/$48 NR	12/17
Winter Break	**11728**	12/28	7 am – 6 pm	M	$48 R/$62 NR	12/21
Winter Break	**11729**	12/29	7 am – 6 pm	Tu	$48 R/$62 NR	12/22
Winter Break	**11730**	12/30	7 am – 6 pm	W	$48 R/$62 NR	12/23
Winter Break	**11731**	12/31	7 am – 3 pm	Th	$36 R/$48 NR	12/24
MLK Day	**11826**	1/18	7 am – 6 pm	M	$48 R/$64 NR	1/11
President's Day	**11827**	2/15	7 am – 6 pm	M	$48 R/$64 NR	2/8
Good Friday	**11828**	3/25	7 am – 6 pm	F	$48 R/$64 NR	3/18
Spring Break	**11829**	3/28	7 am – 6 pm	M	$48 R/$64 NR	3/21
Spring Break	**11830**	3/29	7 am – 6 pm	Tu	$48 R/$64 NR	3//22
Spring Break	**11831**	3/30	7 am – 6 pm	W	$48 R/$64 NR	3/23
Spring Break	**11832**	3/31	7 am – 6 pm	Th	$48 R/$64 NR	3/24
Spring Break	**11832**	4/1	7 am – 6 pm	F	$48 R/$64 NR	3/25

Please contact Jeanette McNichols at (847) 965-0942 for more details.

Park View Early Release JM

Park View School

Fun, excitement, special projects and activities are part of this extended day program. Programs run from the time school releases until 6pm. Dismissal times before 1pm require each child to bring their own lunch. Snacks will be served. All early release programs are separate from our B.A.S.E. program. We do not accept Flex Passes for this program and all children must pay the additional fee to attend. This program is not qualified for a monthly payment plan.

Code	Age	Date	Day	Time	Fee
11814	K – 6th	2/10	W	1:30 – 6 pm	$15 R
11816	K – 6th	4/20	W	11:45 am – 5 pm	$20 R
11817	K – 6th	5/11	W	1:30 – 6 pm	$15 R

preschool

2016-17 School Year

Payment Plans are available. Contact Kari Redmond at (847) 965-0604 for more details.

The following forms must be completed and returned no later than September 1st in order to complete the registration process. Registration will be voided if appropriate forms are not turned in. Forms are available online.

- Registration Form, completed and signed
- Health Form/Parent Authorization Form, completed and signed
- **Parent Helper Form (reduced obligation due to teacher aides in classrooms)**
- Fieldtrip Form, completed and signed
- Birth Certificate (copy)
- Immunizations required (DPT, Polio, TB, MMR) Must be completed by your physician and turned in before the first day of school

In order to enroll your child in our program, you are required to assist in the classroom several times during the school year.

All participants must be 2, 3, or 4 years old on or by Sept 1st.

Children with September birthdays (missed deadline) may petition the park district for placement in a class. Petitions will be considered after July 17th and only if there is space available. Placements will be taken in the order of receipt. Placement into a program that is not age appropriate does not guarantee placement in the following year's progressive program.

All children entering the 3 & 4 year old programs are expected to be potty trained and able to use the toilet independently to participate in class.

Before school year activities will be held the week prior to the first day of class.

Graduations will be held the week of May 1st.

- **A $100 deposit is required at registration. Any departure from the program before August 1st will result in a $50 processing fee**

Note: We cannot honor any class changes or refunds after August 1st.

No online registration.

CHILDCARE DISCOUNT
RECEIVE 10% OFF IF YOU PAY IN FULL!

Preschool Acorns (Parent-Tot) KR

Prairie View Community Center

The seeds of learning are planted. Parents and teachers work together to help our little learners absorb new knowledge. Children are exposed to a group setting that includes free play and circle time activities. Parents are included to help instill a love of learning.

Code	Age	Date	Day	Time
12221	2	9/7/16 – 5/3/17	M/W	9 – 10:30 am

Fee: $550 R/$742 NR

Preschool Sprouts KR

Mansfield Fieldhouse

Our curious little sprouts will learn so much this year! This year's focus includes working together in a group setting, following directions and socializing with others. Academic areas include: numbers, shapes, and colors as well as an introduction to letters and basic phonics.

Code	Age	Date	Day	Time
12224	3	8/29/16 – 5/12/17	M/W/F	9:15 – 11:30 am
12225	3	8/29/16 – 5/12/17	M/W/F	12:30 – 2:45 pm

Fee: $930 R/$1,256 NR

12222	3	8/30/16 – 5/11/17	T/Th	9:15 – 11:30 am
122253	3	8/30/16 – 5/11/17	T/Th	12:30 – 2:45 pm

Fee: $630 R/$851 NR

Preschool Great Oaks KR

This is the year our little ones grow into children ready for Kindergarten! We've planted the seeds, given them TLC and encouragement and now they have strong roots and a solid foundation as they branch out of our program and into the elementary school system. Academic focus this year includes a variety of kindergarten readiness skills, as well as in depth study of letters, phonics and basic sight words.

Austin Fieldhouse

Code	Age	Date	Day	Time
12228	4	8/30/16 – 5/12/17	Tu – F	8:45 – 11:30 am
12257	4	8/30/16 – 5/12/17	Tu – F	12:15 – 3 pm

Fee: $1,497 R/$2,021 NR

TBD

12226	4	8/29/16 – 5/12/17	M – F	8:45 – 11:30 am
12227	4	8/29/16 – 5/12/17	M – F	12:15 – 3 pm

Fee: $1,698 R/$2,292 NR

Registration deadline is one week before program starts unless otherwise noted.

Indoor Playground KR

Prairie View Community Center

When it's cold outside, come inside for a little fun. We will transform our gym into a playground; using slides, mats, bikes and more. Adult supervision is required. This is a drop-in program and fees are collected at the front desk.

Code	Age	Date	Day	Time
11861	2 – 4	1/4	M	10 – 11:30 am
11862	2 – 4	1/18	M	10 – 11:30 am
11863	2 – 4	2/1	M	10 – 11:30 am
11864	2 – 4	2/15	M	10 – 11:30 am
11865	2 – 4	2/29	M	10 – 11:30 am

Fee: $3 R/$4 NR

Lunch Bunch KR NEW!

Prairie View Community Center

Winter can be such a snooze! Pack a lunch and bring some friends and we will provide the entertainment. Kids can let off some steam jumping and singing to a kid friendly entertainer, while parents socialize.

Code	Age	Date	Day	Time
11859	under 5	1/21	Th	11:30 am – 12:30 pm
11860	under 5	2/25	Th	11:30 am – 12:30 pm

Fee: $5 R/$8 NR

Bricks 4 Kidz Preschool KR NEW!

Prairie View Community Center

Bricks 4 Kidz classes provide an extraordinary atmosphere for children, where we learn, we build, we play? with LEGO® Bricks. Programs are built around our proprietary model plans, designed by engineers and architects, with exciting themes such as space, construction, and amusement parks. Our specially designed project kits and theme-based models provide the building blocks for the Bricks 4 Kidz approach to educational play. At Bricks 4 Kidz, we believe that kids learn best through activities that engage their curiosity and creativity.

Code	Age	Date	Day	Time
12032	2 – 4	1/13 – 2/17	W	10:45 – 11:45 am
12033	2 – 4	3/2 – 4/13	W	10:45 – 11:45 am

Fee: $96 R/$130 NR

Chess at 3 Preschool KR NEW!

Prairie View Community Center

Chess At Three is a New York based company that is the leader in early childhood chess education. We understand the profound benefits of chess and the effectiveness of learning through storytelling. Our mission is to extend the benefits of chess through the power of storytelling. We create a fun and interactive learning environment which teaches 100% of our children, as young as the age of three, to play and develop a love for chess. Our certified and trained Story-Tellers (Instructors) utilize a unique cast of characters and create a world around all of the Chess pieces that we invite the kids to explore. Our stories focus on why chess pieces move in their own unique ways and are supported by activities that cement chess knowledge in children's minds. These activities include fun stories, interactive moments, physical movement "chessercizes", and guidelines for gameplay at each level of development.

Code	Age	Date	Day	Time
12040	3 – 4	1/12 – 3/8	Tu	10:30 – 11:30 am

Fee: $120 R/$156 NR

summer camp

Kidventure Kamp KR

This camp combines cooperation and game play to encourage children to stay active and creative. Each day is a theme with games and activities to focus on teamwork and leadership. Activities include literacy driven activities, outdoor games, social interaction, free play, arts and crafts and of course, being adventurous.

Junior Camp KR

At Junior Camp, children will experience arts and crafts, sports, structured games, free play, swimming and field trips. Campers should bring a lunch daily, unless otherwise noted.

Camp Mor Gro KR

This action packed program is designed to expose campers to new experiences. Activities include: free swim, sports, games and songs, crafts, cookouts, weekly field trips and more. Campers will go on a weekly field trip. Campers should bring a swimsuit, towel and sack lunch daily, unless otherwise noted.

Teen Times KR

A summer at Teen Times camp is filled with activities such as sports, swimming, crafts and fun! Teens will take an active role in planning their daily schedules. Field trips will be twice a week (usually Wednesdays and Fridays). We will be swimming at the pool two afternoons a week so campers should bring a swimsuit, towel and lunch daily, unless otherwise noted.

Program/ Description	Grade	Time	Day	Session 1 Date	Session 1 Code	Session 2 Date	Session 2 Code
Kidventure Kamp	3 – 4 years	9:30 am – 12:30 pm	M – F	6/13 – 6/24	**12044**	6/27 – 7/8	**12045**
			M/W/F	6/13 – 6/24	**12048**	6/27 – 7/8	**12049**
			Tu/TH	6/14 – 6/23	**12052**	6/28 – 7/7	**12053**
Junior Camp	K – 2nd	9 am – 2:30 pm	M/W/F	6/13 – 6/24	**12060**	6/27 – 7/8	**12061**
			Tu/TH	6/14 – 6/23	**12064**	6/28 – 7/7	**12065**
			M – F	6/13 – 6/24	**12056**	6/27 – 7/8	**12057**
Camp Mor Gro	3rd – 5th	9 am – 3 pm	M – F	6/13 – 6/24	**12076**	6/27 – 7/8	**12077**
			M/W/F	6/13 – 6/24	**12080**	6/27 – 7/8	**12081**
			Tu/TH	6/14 – 6/23	**12084**	6/28 – 7/7	**12085**
Teen Times	6th – 8th	9 am – 3 pm	M – F	6/13 – 6/24	**12088**	6/27 – 7/8	**12089**
			M/W/F	6/13 – 6/24	**12093**	6/27 – 7/8	**12094**
Rise-N-Shine	K – 8th	7 am – 9 am	M – F	6/13 – 6/24	**12097**	6/27 – 7/8	**12098**
			M/W/F	6/13 – 6/24	**12101**	6/27 – 7/8	**12102**
Extended Care	K – 6th	3 pm – 6 pm	M – F	6/13 – 6/24	**12105**	6/27 – 7/8	**12106**
			M/W/F	6/13 – 6/24	**12109**	6/27 – 7/8	**12110**
Camp S'More	K – 6th	9 am – 3 pm	M – F	8/8 – 8/12	**12113**	8/15 – 8/19	**12114**
Camp S'More Before Care	K – 6th	7 am – 9 am	M – F	8/8 – 8/12	**12115**	8/15 – 8/19	**12116**
Camp S'More Extended Care	K – 6th	3 pm – 6 pm	M – F	8/8 – 8/12	**12117**	8/15 – 8/19	**12118**

Registration deadline is one week before program starts unless otherwise noted.

Rise-N-Shine KR

Campers from Jr. Camp, Camp Mor Gro and Teen Times are eligible for this program. Staff will keep your child engaged in low-key activities until camp starts. At approximately 8:45am, all campers will be transported to their appropriate camp each day. Breakfast is included.

Extended Care KR

All campers from Jr. Camp, Camp Mor Gro and Teen Times are eligible for this program. Campers can choose a variety of activities such as sports, crafts, board games and more. Registered campers will be transported from their camp to the Extended Care program each day. Daily snack provided.

Camp S'More KR

Summer camp fun continues with Camp S'more! Activities include: free swim, sports, games, crafts and a field trip. Campers should bring a swimsuit, towel and sack lunch daily, unless otherwise noted.

Camp S'More Before Care KR

All Camp S'more campers are eligible for this program. Staff will keep your child engaged in low-key activities until camp starts. Breakfast is included.

Camp S'More Extended Care KR

All children participating in Camp S'More are eligible for this program. Campers can choose from a variety of activities such as sports, crafts, board games and more. Daily snack provided.

	Session 3 Date	Session 3 Code	Session 4 Date	Session 4 Code	Fee	Location
	7/11 – 7/22	**12046**	7/25 – 8/5	**12047**	$192 R/$259 NR	Mansfield Fieldhouse at Mansfield Park
	7/11 – 7/22	**12050**	7/25 – 8/5	**12051**	$117 R/$159 NR	
	7/12 – 7/21	**12054**	7/26 – 8/4	**12055**	$72 R/$97 NR	
	7/11 – 7/22	**12062**	7/25 – 8/5	**12063**	$180 R/$243 NR	Palm Room at Oriole Park Aquatic Center
	7/12 – 7/21	**12066**	7/26 – 8/4	**12067**	$110 R/$148 NR	
	7/11 – 7/22	**12058**	7/25 – 8/5	**12059**	$276 R/$373 NR	
	7/11 – 7/22	**12078**	7/25 – 8/5	**12079**	$291 R/$393 NR	Harrer Park
	7/11 – 7/22	**12082**	7/25 – 8/5	**12083**	$212 R/$286 NR	
	7/12 – 7/21	**12086**	7/26 – 8/4	**12087**	$122 R/$164 NR	
	7/11 – 7/22	**12090**	7/25 – 8/5	**12091**	$286 R/$390 NR	Prairie View Community Center
	7/11 – 7/22	**12095**	7/25 – 8/5	**12096**	$218 R/$297 NR	
	7/11 – 7/22	**12099**	7/25 – 8/5	**12100**	$89 R/$119 NR	TBD
	7/11 – 7/22	**12103**	7/25 – 8/5	**12104**	$55 R/$73 NR	
	7/11 – 7/22	**12107**	7/25 – 8/5	**12108**	$110 R/$148 NR	TBD
	7/11 – 7/22	**12111**	7/25 – 8/5	**12112**	$75 R/$101 NR	
	NA	NA	NA	NA	$140 R/$188 NR	Prairie View Community Center
	NA	NA	NA	NA	$44 R/$60 NR	Prairie View Community Center
	NA	NA	NA	NA	$57 R/$76 NR	Prairie View Community Center

camp

Sports Camp EM

NEW!

Prairie View Community Center

A variety of sports will be introduced, including floor hockey, soccer, basketball, volleyball, baseball and more. We also will be playing smaller, team-style sports such as dodgeball, kickball, capture the flag and other school yard style sports! Campers will go on several sports related field trips throughout the summer! All campers will receive a camp shirt and must bring a sack lunch and water bottle to camp each day. Camp will mostly be held outside, but will also have some indoor activities in the gymnasium.
No camp July 4th.

Code	Age	Date	Day	Time	Fee
12143	7 – 14	6/13 – 6/24	M – F	9 am – 3 pm	$240 R/$324 NR
12144	7 – 14	6/27 – 7/8	M – F	9 am – 3 pm	$216 R/$291 NR
12146	7 – 14	7/11 – 7/22	M – F	9 am – 3 pm	$240 R/$324 NR
12147	7 – 14	7/25 – 8/5	M – F	9 am – 3 pm	$240 R/$324 NR

Junior Leaders in Training Program KR

If you enjoy being around children and you are interested in getting some experience working with kids, then this program is for you! This is a great opportunity for youths in 7th - 10th grade to learn about camp counseling. Positions are available for Kidventure Kamp, Junior Camp and Camp Mor Gro. Interested youths should contact Kari Redmond at (847) 965-1200 or kredmond@mortongroveparks.com. All NEW applicants will be required to submit a minimum 200 word essay as to why they would like to be involved in this program. Each applicant must be able to commit to at least 2 sessions. Please note that not all applicants will be accepted and might not get their first choice.

Code	Grade	Date	Day	Time
12229	7th – 10th	6/13 – 6/24	M – F	9 am – 3 pm
12230	7th – 10th	6/27 – 7/8	M – F	9 am – 3 pm
12231	7th – 10th	7/11 – 7/22	M – F	9 am – 3 pm
12232	7th – 10th	7/25 – 8/5	M – F	9 am – 3 pm

Fee: $97 R/$131 NR

Camp Swim Lessons KR

Oriole Park Aquatic Center

Parents, add swim lessons to your child's full camp day to ensure they will have a safe and fun summer in the water. Campers will walk over to their designated pool and take a 45 minute instructional swim class. After their lesson they will join their fellow camp friends and be able to enjoy free time at the pool.

Code	Age	Date	Day	Time
12233	Any	6/13 – 6/22	M/Tu/W	10 – 10:45 am
12234	Any	6/27 – 7/6	M/Tu/W	10 – 10:45 am
12235	Any	7/11 – 7/20	M/Tu/W	10 – 10:45 am
12236	Any	7/25 – 8/3	M/Tu/W	10 – 10:45 am

Fee: $52 R/$74 NR

Registration deadline is one week before program starts unless otherwise noted.

early childhood 23

10% 2ND CHILD DISCOUNT ON HOT SHOTS CLASSES

All Hot Shots Sports programs are held in the Gymnasium at Prairie View Community Center.
Instructor: Hot Shots Sports Staff

Program/ Description	Code	Age	Day	Date	Time	Fee
Adult Tot Sports EM Parent participation is an integral part of helping tots develop basic sports movement and motor skills. Activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide children through an introduction to organized sports. ***No Class 5/28.***	**11930**	2 – 4	Sa	1/9 – 3/19	11:30 am – 12:15 pm	$121 R $163 NR
	11931	2 – 4	Sa	4/9 – 6/4	11:30 am – 12:15 pm	$88 R $119 NR
	11970	2 – 4	W	1/6 – 3/23	2 – 2:45 pm	$132 R $178 NR
	11971	2 – 4	W	4/6 – 6/1	2 – 2:45 pm	$99 R $134 NR
Lil Dribblers EM Children begin to learn to play basketball in a fun and supportive environment. Curriculum uses age-appropriate activities and games to develop basketball fundamentals. Children will begin to prepare for game play by incorporating these skills and learning the basic rules of the game.	**11922**	3 – 5	F	1/8 – 3/18	3:30 – 4:15 pm	$121 R $163 NR
	11923	3 – 5	F	4/8 – 6/3	3:30 – 4:15 pm	$99 R $134 NR
	11920	3 – 5	Tu	1/5 – 3/22	3:15 – 4 pm	$132 R $178 NR
	11921	3 – 5	Tu	4/5 – 5/31	3:15 – 4 pm	$99 R $134 NR
Triple Play EM This class features three of the world's favorite sports: soccer, basketball and football. Participants develop skills associated with each sport and have the opportunity to use these skills in game situations. Emphasis is placed on skill development, teamwork and sportsmanship.	**11933**	4 – 6	Th	1/7 – 3/24	3:15 – 4 pm	$132 R $178 NR
	11934	4 – 6	Th	4/7 – 6/2	3:15 – 4 pm	$99 R $134 NR
Pee Wee Soccer EM Let your child's early soccer experience be a great one. Younger players develop not only soccer skills but also gain communication and motor skills, confidence and coordination. The program uses age-appropriate drills and exercises to teach players kicking, dribbling, shooting, ball control and more. Each class is designed to develop endurance, promote good sportsmanship and teamwork.	**11910**	4 – 6	F	1/8 – 3/18	4:15 – 5 pm	$121 R $163 NR
	11911	4 – 6	F	4/8 – 6/3	4:15 – 5 pm	$99 R $134 NR
	11908	3 – 5	Tu	1/5 – 3/22	6 – 6:45 pm	$132 R $178 NR
	11909	3 – 5	Tu	4/5 – 5/31	6 – 6:45 pm	$99 R $134 NR
Sports and More EM Children are introduced to the fundamentals of such sports as soccer, T-ball, football, basketball, floor hockey and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. ***No Class 2/13 and 5/28.***	**11918**	4 – 6	Sa	1/9 – 3/19	12:15 – 1 pm	$110 R $148 NR
	11919	4 – 6	Sa	4/9 – 6/4	12:15 – 1 pm	$88 R $119 NR
	11968	3 – 5	W	1/6 – 3/23	3:30 – 4:15 pm	$132 R $178 NR
	11969	3 – 5	W	4/69 – 6/1	3:30 – 4:15 pm	$99 R $134 NR
T-Ball Skills Clinic EM Children will have fun and make new friends as they are introduced to baseball in this introductory T-ball program. Participants enjoy learning offense and defense skills, as well as the rules and philosophy of the game. The program stresses teamwork over competition. Children should wear sports attire and bring a glove.	**11916**	3 – 5	W	1/6 – 3/23	4:15 – 5 pm	$132 R $178 NR
	11917	3 – 5	W	4/6 – 6/1	4:15 – 5 pm	$99 R $134 NR
Spring Break Sports and More Mini Camp EM NEW! This camp is designed for children who love sports! Campers will learn fundamental skills, and then apply these newly acquired skills in game play. Some of the sports played include Soccer, Baseball, Basketball, Football, Floor Hockey, and a variety of group games. Sportsmanship and teamwork will be emphasized in each sport. All campers will receive a camp T-shirt. Campers should bring a snack and drink each day.	**12150**	4 – 6	M – F	3/28 – 4/1	9 – 11:30 am	$113 R $153 NR
Total Sports Camp EM NEW! This camp is designed for children who love sports! Campers will learn fundamental skills, and then apply these newly acquired skills in game play. Some of the sports played include Soccer, Baseball, Basketball, Football, Floor Hockey, and a variety of group games. Sportsmanship and teamwork will be emphasized in each sport. Camp will meet outside at Prairie View Park and indoors at the Prairie View Community Center during inclement weather. All campers will receive a camp T-shirt and prizes will be awarded each day. Campers should bring a snack, drinks and lunch (9am-2pm campers only) each day.	**12134**	4 – 6	M – F	8/15 – 8/19	9 am – 12 pm	$135 R $182 NR
Toddler Soccer EM NEW! Young children develop motor skills while having fun running and kicking just like the big kids! Parents and tots work together in this class, learning the basics of soccer. Dribbling, passing, shooting and kicking will all be emphasized. A variety of activities designed around the game of soccer will be played each week. **Parent Participation Required**	**11972**	2 – 3	Th	1/7 – 3/24	2 – 2:45 pm	$132 R $178 NR
	11973	2 – 3	Th	4/7 – 6/2	2 – 2:45 pm	$99 R $134 NR

youth interest

Pre-Karate EM

National Fieldhouse

Participants develop agility, strength and coordination skills through fun and creative activities. This program is specifically designed to work with growing minds and bodies. Skills learned enhance memory and responsiveness. Watch your child blossom while learning karate and having a blast at the same time!
Registration for Intermediate/Advanced class with instructor permission.

Code	Age	Level	Date	Day	Time
11876	4 – 7	Beg	1/6 – 3/23	W	4 – 4:45 pm
11877	4 – 7	Cont.	1/6 – 3/23	W	4:50 – 5:35 pm
11878	4 – 7	Int/Adv	1/6 – 3/23	W	5:45 – 6:30 pm
11899	4 – 7	Beg	4/6 – 6/8	W	4 – 4:45 pm
11900	4 – 7	Cont.	4/6 – 6/8	W	4:50 – 5:35 pm
11901	4 – 7	Int/Adv	4/6 – 6/8	W	5:45 – 6:30 pm

Instructor: IL Shotokon Karate
Fee: $117 R/$158 NR Winter
$98 R/$131 NR Spring

Zumba Kids SB

Prairie View Community Center

Zumba Kids combines the energy of dance with musical rhythms like salsa, merengue, cumbia, reggaeton, hip-hop, and country in an easy-to-follow format for kids. It's a great way to burn energy and keep healthy while learning the unique rhythms of different musical genres. ***No class March 25th.***

Code	Age	Level	Date	Day	Time
12157	6 – 12	Beg	1/22 – 2/26	F	5 – 5:45 pm
12158	6 – 12	Beg	3/4 – 4/15	F	5 – 5:45 pm

Instructor: Tabet, Patrizia
Fee: $36 R/$48 NR

Bricks 4 Kidz KR

NEW!

Prairie View Community Center

Bricks 4 Kidz classes provide an extraordinary atmosphere for children, where we learn, we build, we play? with LEGO® Bricks. Programs are built around our proprietary model plans, designed by engineers and architects, with exciting themes such as space, construction, and amusement parks. Our specially designed project kits and theme-based models provide the building blocks for the Bricks 4 Kidz approach to educational play. At Bricks 4 Kidz, we believe that kids learn best through activities that engage their curiosity and creativity.

Code	Age	Date	Day	Time
12034	5 – 9	1/12 – 2/16	Tu	4 – 5 pm
12035	5 – 9	3/1 – 4/12	Tu	4 – 5 pm

Fee: $96 R/$120 NR

Spring Time Cookies KR

NEW!

Prairie View Community Center

Come create a beautiful bouquet of cookies! That's right, cookies. Decorate some beautiful spring flowers that will be good enough to eat. We will provide all the materials to create these yummy treats.

Code	Age	Date	Day	Time
11868	3 – 6	4/2	Sa	1 – 2 pm

Fee: $12 R/$16 NR

Multi-generational Rubber Stamping KH

NEW!

Education Center at Historical Museum

Kids, Parents, Grandparents - Join us in this multi-generational class as we use rubber stamps to make greeting cards or scrapbooking pages. We supply the stamps, paper, and ink. You supply some photos for the scrapbooking pages.

Code	Age	Date	Day	Time
12271	over 4	5/14	Sa	10 – 11:30 am

Instructor: Claire Sherman
Fee: $15 R/$20 NR

Registration deadline is one week before program starts unless otherwise noted.

Chess at 3 KR

NEW!

Prairie View Community Center

Chess At Three is a New York based company that is the leader in early childhood chess education. We understand the profound benefits of chess and the effectiveness of learning through storytelling. Our mission is to extend the benefits of chess through the power of storytelling. We create a fun and interactive learning environment which teaches 100% of our children, as young as the age of three, to play and develop a love for chess. Our certified and trained Story-Tellers (Instructors) utilize a unique cast of characters and create a world around all of the Chess pieces that we invite the kids to explore. Our stories focus on why chess pieces move in their own unique ways and are supported by activities that cement chess knowledge in children's minds. These activities include fun stories, interactive moments, physical movement "chessercizes", and guidelines for gameplay at each level of development.

Code	Age	Date	Day	Time
12041	5 – 7	1/12 – 3/8	Tu	4 – 5 pm

Fee: $120 R/$156 NR

Young Rembrandts Drawing KR

Nelson School

Encourage your elementary student's enthusiasm for art and help develop their drawing skills with a Young Rembrandts drawing class. Our bountiful selection of drawings introduces our students to a fascinating world of color, pattern, and design. Drawings like our sun and moon characters will teach our students to transform simple shapes into fully-realized cartoon characters. Our colorful drawing of a macaw parrot will help develop our students' sense of color. All this and more await your artist in a Young Rembrandts classroom! Sign up today! Questions?? Call Kathy Lopez (847) 695-3581

Code	Age	Date	Day	Time
12036	6 – 12	1/6 – 2/10	W	3:45 – 4:45 pm
12037	6 – 12	4/6 – 5/11	W	3:45 – 4:45 pm

Fee: $54 R/$73 NR

Magic Class KR

Prairie View Community Center

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the "Magic Team of Gary Kantor!"Amaze family and friends with tricks that involve cards, ropes, coins, mindreading and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age appropriate. Additionally, you can sign up for this class again and again since brand new tricks are alway taught at each session.

Code	Age	Date	Day	Time
11866	5 – 15	1/26	Tu	6:45 – 7:40 pm
18867	5 – 15	4/13	W	6:45 – 7:40 pm

Instructor: Team of Gary Kantor
Fee: $20 R/$27 NR

Garden Party KR

NEW!

Prairie View Community Center

Say goodbye to cold weather and hello to beautiful spring flowers. Participants will learn the steps of potting their own plant. Children will get their hands dirty and be able to take home their own plant and watch it grow. After all their hard work, they will enjoy a special treat. (Oreos, pudding and worms)

Code	Age	Date	Day	Time
11903	3 – 6	4/2	Sa	11 am – Noon

Fee: $15 R/$20 NR

Pajama Party KR

Prairie View Community Center

Come dressed in your PJ's and bring your favorite stuffed animal to our Pajama Party. Parents enjoy a night out, while your kids enjoy a night of crafts, games and a movie. Pizza and juice will be provided.

Code	Age	Date	Day	Time
11906	4 – 9	2/26	F	5:30 – 8:30 pm
11907	4 – 9	4/29	F	5:30 – 8:30 pm

Fee: $18 R/$24 NR

music lessons

No class dates: Please refer to www.mortongroveparks.com or class calendar that will be handed out at the beginning of session.

- For students and families wishing to maintain the same day, time and teacher from September through June, registration for the entire year is available. Seasonal sessions are available for students who want to give piano a try without the 9 month commitment.
- Lessons are scheduled as 30 minutes, except for special request 45 minute lessons with Ms. Lia.
- Piano instructors reserve the right to move students as necessary to accommodate schedules.
- Payment plans are available. Please contact Katie Halverson at (847) 965-0217 for more details.

- Classes are scheduled as 30 minute lessons.
- Ultimate School of Guitar reserves the right to move students as necessary to accommodate schedules.
- Questions? Contact Katie Halverson at (847) 965-0217

Piano, 6 yrs+ KH

Prairie View Community Center

Private piano lesson for all skill levels.
Instructor: Kevin Cline

Day	Date	Time	Fee
M	2/8/16 – 6/6/16	4 – 8 pm	$375 R/$506 NR
T	2/9/16 – 6/7/16	4 – 8 pm	$424 R/$573 NR
W	2/10/16 – 6/8/16	4 – 8 pm	$424 R/$573 NR

Piano, 4 yrs+ KH

Prairie View Community Center

Instructor: Lia Corinth

Day	Date	Time	Fee
F	2/12/16 – 6/10/16	4 – 6:30 pm	$424 R/$573 NR
Sa	2/13/16 – 6/4/16	8 am – 3:30 pm	$424 R/$573 NR

Piano Lessons Make-up Policy

Due to limited time and space make-up classes for piano lessons will be restricted. Student absences and cancellations due to conflict in schedule or illness should be handled as follows:

- Give the instructor as much notice as possible; a schedule conflict should be reported at least 24 hours before the lesson.
- In case of illness, please contact Prairie View Community Center at (847) 965-1200 no later than 12pm the day of the lesson.
- One make-up lesson per term is allowed for properly reported absences. No credits or refunds are available for additional lessons that are canceled by students.
- Make-up lessons will be held the week after the session ends (Make-Up Weeks: 1/30/16 – 2/5/16 and 6/11/16 – 6/17/16)

Guitar, 8 yrs+ KH

Prairie View Community Center

Learn the basics of guitar with instruction on chords, songs, how to read notes, time signatures, and scales. Private Guitar Lessons are 30 minute weekly lessons designed for the individual student. Beginners to advanced levels, children and adults welcome. Styles include rock, metal, alternative, blues, folk, jazz, and classical. Guitar rentals available through the Ultimate School of Guitar, (773) 508-9443.

Day	Date	Time	Instructor	Fee
M	2/8 – 3/21	3:30 – 7 pm	Dan Chernow	$175 R $236 NR
Th	2/11 – 3/24	4 – 9 pm	Henry Altenberg	$175 R $236 NR
M	4/4 – 6/6	3:30 – 7 pm	Dan Chernow	$225 R $303 NR
Th	4/7 – 6/2	4 – 9 pm	Henry Altenberg	$225 R $303 NR

Morton Grove Baseball & Softball Association

Check out www.mortongroveparks.com for more info about MGBSA and their Winter offerings, such as, pitching and catching clinics. Or call (224) 216 4272 for more info.

MGBSA

Boys Baseball & Girls Softball
6 – 14 years

"Let's play ball!! From the first year T-baller to the 9th grade veteran, The Morton Grove Baseball & Softball Association (MGBSA) invites you to participate in one of our Spring Leagues. Our early registration will begin online. Please visit www.eteamz.com/mgbsa to register. ***Register early for a price break and to ensure your spot on a team.***

Spring Season Informational & Walk-in Registration
Prairie View Community Center
Thursday, March 3rd, 4:30 – 7:30 pm
Saturday, March 5th, 10 am – 2 pm

Player evaluations will be held in mid March and practice begins the first week of April. Only players from the Spring League can qualify to play on tournament teams in July. For information, please call (224) 216 - 4272 or email information@mgbsa.com

AYSO

Calling all Soccer Players!

The American Youth Soccer Organization (AYSO), Region 749 is looking for children grades K-12 to play soccer this spring. AYSO is a non-profit, volunteer-run organization and parent participation is strongly recommended (we'll provide any necessary training free of charge). AYSO's website can be found at www.mgayso.com or "like" AYSO on Facebook. Those interested in the spring session can attend one of the following registrations at the Prairie View Community Center.

6:30 – 8:30 pm February 3rd and 11th
10 am – 1 2 pm February 13th

These prices are for the spring session only. If you signed your child up for the Annual Registration last May/June, that fee covered both fall and spring. Confirm with your coach from fall to make sure you are still eligible to play.

Tae Kwon Do

National Fieldhouse

Taekwon Do is a form of Korean martial arts with a heavy emphasis on kicks. Grandmaster Connelly is one of the most experienced professionals. His classes are fun, safe, age appropriate, and rewarding!

Code	Age	Date	Day	Time	Fee
12273	5 – 7	4/5 – 5/31	Tu	5:30 – 6:30 pm	$108 R/$146 NR
12274	8 – 12	4/5 – 5/31	Tu	6:30 – 7:30 pm	$108 R/$146 NR
12275	13+	4/5 – 5/31	Tu	7:30 – 8:30 pm	$135 R/$182 NR

Quick Start Tennis

Prairie View Tennis Courts

This introductory level class is for kids looking to be exposed to tennis for the first time, or continuing their second year of tennis. Pressureless tennis balls are used and proper stroke production is reviewed so all participants get started with a sound foundation.

Code	Age	Date	Day	Time
12263	4 – 6	5/4 – 5/25	W	4 – 5 pm
12264	7 – 10	5/4 – 5/25	W	5 – 6 pm
12265	4 – 6	4/30 – 5/21	Sa	9:30 – 10:30 am
12266	7 – 10	4/30 – 5/21	Sa	10:30 – 11:30 am

Fee: $60 R/$81 NR

youth sports

Youth Athletic League Registration and Information

Refunds may be pro-rated if uniforms and awards have been ordered or if the league has begun.
Participants will be contacted within one week from the program's start date by the coach.
They will be able to provide the time and location of the first meeting.

Volunteer Coaches

Our youth leagues have been successful due to the caliber of individuals who volunteer their time to coaching. If you would like to get involved please contact Elizabeth McCann, (847) 965-0387 or emccann@mgparks.com. All volunteer coaches will be subject to a background check by the Park District before they will be eligible to coach.

Friendship Request Procedures

Participants are only allowed to make one request per league. We will try to fulfill a reasonable number of friendship requests, but none are guaranteed. Those that are granted will be limited in order to keep all teams evenly balanced. Siblings with the same last name and address will be placed on the same team unless otherwise noted. Requests for specific coaches will not be honored. Requests made after the registration deadline will not be honored. Coaches are not allowed to make requests.

CSL Basketball EM

Weber Leisure Center (Skokie Park District)

Players sign up individually and are placed on teams according to ability level and player evaluations. The Central Suburban League is sponsored by the Morton Grove, Skokie, and Lincolnwood Park Districts. This instructional program is led by volunteer coaches who develop players' basketball skills and character. The emphasis is on participation and fun!

Code	Grade	Fee	Date	Day	Time
11948	Kindergarten Boys	$85	1/10 – 3/20	Su	12 – 1:30 pm
11949	1st Boys	$85	1/10 – 3/20	Su	12 – 1:30 pm
11950	2nd Boys	$85	1/10 – 3/20	Su	12 – 1:30 pm
11951	3rd Boys	$95	1/10 – 3/20	Su	2 – 5 pm
11952	4th Boys	$95	1/10 – 3/20	Su	2 – 5 pm
11956	K-2nd Girls	$85	1/9 – 3/19	Sa	12 – 1:30 pm
11957	3rd-4th Girls	$95	1/9 – 3/19	Sa	2 – 5 pm
11958	5th-6th Girls	$105	1/9 – 3/19	Sa	2 – 5 pm
11959	7th-8th Girls	$105	1/9 – 3/19	Sa	2 – 5 pm

Niles North High School

Code	Age	Fee	Date	Day	Time
11953	5th Boys	$105	1/10 – 3/20	Su	2 – 5 pm
11954	6th Boys	$105	1/10 – 3/20	Su	2 – 5 pm
11955	7th-8th Boys	$105	1/10 – 3/20	Su	3 – 6 pm

Youth Co-ed Floor Hockey League EM NEW!

Prairie View Community Center

Bring your Blackhawks excitement to our Floor Hockey league this winter. Teams will meet two times per week. Each participant will receive a hockey jersey to keep and compete in a nine game schedule! **Registration will end when program is filled or by December 31st, whichever comes first.** Volunteer coaches are needed to ensure the success of the program.

Code	Grade	Date	Day	Time
12125	1st – 3rd	1/4 – March	M/F	5:30 – 7:30 pm
12126	4th – 5th	1/4 – March	M/F	7:30 – 9:30 pm

Fee: $73 R/$99 NR

Dodgeball EM NEW!

Prairie View Community Center

Participants will be broken up into teams and play several different styles of dodgeball games throughout the evening. Safe and soft "Gator-Skin" balls will be used. **No class 3/28.**

Code	Grade	Date	Day	Time
12128	2nd– 4th	2/29 – 4/25	M	4:30 – 5:30 pm

Fee: $45 R/$59 NR

Registration deadline is one week before program starts unless otherwise noted.

Girls Volleyball League EM NEW!

Prairie View Community Center

Teams will compete in an eight game schedule and meet one time per week for practice. Each participant will receive a team shirt. **Registration will close by February 15th or when the program is full. No games/practices on 3/25, 3/28 and 4/1.** Volunteer coaches are needed.

Code	Grade	Date	Day	Time
12127	3rd – 5th	3/14 – May	M/F	6 or 7 pm

Fee: $60 R/$81 NR

Youth Co-ed T-Ball League EM NEW!

Prairie View Community Center

Teams will meet one weeknight for practice and play games on Saturdays. Each participant will receive a shirt and participation award. **Registration will close by March 1st or when the program is full.** Volunteer coaches are needed. **No games or practices 5/28.**

Code	Age	Date	Day	Time
12136	3 – 5	4/9 – June	M – S	5:30 – 6:30 pm Weekday 9 – 11 am Saturday

Fee: $60 R/$81 NR

Pre-K/Kindergarten Co-ed Soccer League EM NEW!

Prairie View Community Center

Teams will practice for a half hour, followed by a 32 minute scrimmage game with another team. Each player will receive a shirt and award. Volunteer coaches are needed. **Registration will close by March 1st or when the program is full. No games 5/28.**

Code	Grade	Date	Day	Time
12137	Pre-K – K	4/9 – June	S	11 – 1 pm

Fee: $60 R/$81 NR

1st-3rd Grade Co-ed Soccer League EM NEW!

Prairie View Community Center

Teams will meet once per week for practice and play games on Saturdays. Each player will receive a shirt and award. **Registration will close by March 1st or when the program is full.** Volunteer coaches are needed. **No games 5/28.**

Code	Grade	Date	Day	Time
12138	1st – 3rd	4/9 – June	M, W, F or Sa	5:30 – 6:30 pm Weekday 1 – 3 pm Saturday

Fee: $65 R/$88 NR

Fencing Class EM NEW!

National Fieldhouse

The Olympic sport of saber fencing demands a blend of tactical and strategic thought and a physical execution of those decisions. This has led many to describe the sport as "physical chess." Fencing also teaches balance and discipline and even more than this, it's fun! This class is for those new to fencing or those who would like to work on the basic skills. This class will cover basic rules, etiquette, basic footwork, attacks and defenses. Classes will consist of warm up time, footwork time, group lesson and bouting. All equipment is provided.

Code	Age	Date	Day	Time
12123	over 8	1/5 – 3/15	Tu	4 – 5 pm
12124	over 8	4/5 – 5/31	Tu	4 – 5 pm

Fee: $363 R/$490 NR Winter
$297 R/$401 NR Spring

youth sports

All Hot Shots Sports programs are held at Prairie View Community Center, except "Game Time" Flag Football which will be outside.

Instructor: Hot Shots Sports Staff

10% 2ND CHILD DISCOUNT ON HOT SHOTS CLASSES

Program/ Description	Code	Age	Day	Date	Time	Fee
Volleyball Skills Clinic EM This clinic includes instruction on all major volleyball skills: serving, passing, setting and attacking. Players receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Kneepads are recommended.	**11938**	7 – 10	Th	1/7 – 3/24	5 – 6 pm	$132 R $178 NR
	11939	7 – 10	Th	4/7 – 6/8	5 – 6 pm	$99 R $134 NR
"Game Time" Flag Football EM Players experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shots Sports. Coaches referee while emphasizing the fundamentals and game strategies of flag football. Players are encouraged to practice football skills such as running pass routes, play calling, defensive positioning, and the fundamentals of blocking and pass coverage. These skills and others will be put to use in a "game time" environment during weekly scrimmages.	**11932**	7 – 10	F	4/8 – 6/3	5:45 – 6:45 pm	$99 R $134 NR
Basketball Skills Clinic 1 EM Join the Hot Shots staff in a fun, game-filled environment designed to introduce young athletes to one of the greatest team sports. Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. Each class includes instruction and structured games. This class is for the basketball beginner looking to understand the game, learn new skills and have a ball!	**11924**	6 – 8	Tu	1/5 – 3/22	4 – 5 pm	$132 R $178 NR
	11925	6 – 8	Tu	4/5 – 5/31	4 – 5 pm	$99 R $134 NR
Soccer Skills Clinic 101 EM Children are introduced to fundamental soccer tactics such as passing the ball, offensive and defensive moves, and protecting and intercepting the ball from the opposing team. Children learn to score and prevent goals. Physical endurance and fitness is emphasized while handling the ball. At this age the focus starts to change from simple games to organized, tactical, competitive games.	**11912**	6 – 8	W	1/6 – 3/23	5 – 6 pm	$132 R $178 NR
	11913	6 – 8	W	4/6 – 6/1	5 – 6 pm	$99 R $134 NR
Baseball Skills Clinic EM NEW! Players work on technique and enhancing form in this comprehensive skills clinic. Players work on throwing mechanics, batting stance, bat positioning and speed, base running, fielding, and pitching. Players should bring their own gloves, and be ready for a fun, fast paced learning environment.	**11936**	6 – 8	Th	1/7 – 3/24	4 – 5 pm	$132 R $178 NR
	11937	6 – 8	Th	4/7 – 6/2	4 – 5 pm	$99 R $134 NR
Spring Break Sports and More Mini Camp EM NEW! This camp is designed for children who love sports! Campers will learn fundamental skills, and then apply these newly acquired skills in game play. Some of the sports played include Soccer, Baseball, Basketball, Football, Floor Hockey, and a variety of group games. Sportsmanship and teamwork will be emphasized in each sport. All campers will receive a camp T-shirt. Campers should bring a snack and drink each day.	**12151**	7 – 10	M – F	3/28 – 4/1	9 – 11:30 am	$113 R $153 NR
Basketball Skills Camp EM NEW! Your camper will improve their basketball fundamentals, learn advanced skills, and enhance their teamwork. Dribbling, passing, rebounding, shooting and defense will be developed. Campers will be divided into groups based on age, size and ability. Camp highlights include a 6:1 Camper/Coach ratio, camp t-shirt, league and tournament play, and daily contest and prizes. Campers should bring a snack, drinks and lunch each day.	**12130**	7 – 10	M – F	8/15 – 8/19	9 am – 2 pm	$175 R $236 NR
	12131	11 – 14	M – F	8/15 – 8/19	9 am – 2 pm	$175 R $236 NR

Registration deadline is one week before program starts unless otherwise noted.

Program/ Description	Code	Age	Day	Date	Time	Fee
Winter 5v5 Indoor Soccer League EM NEW! The Winter Indoor Soccer League exposes youth players to team dynamics and develops their intermediate and advanced skill levels. Through game play and organized practices, players learn new techniques and improve existing skill levels. Each team is assigned a coach who works hands on with the players and their teammates to encourage team discipline, proper fundamentals and core concepts of the game. Teams are separated by age into two divisions: Juniors (Ages 5-7) and Pros (Ages 8-11). Games are held Saturday's between 1:00 PM and 3:00 PM. Each team meets for a 15-minute practice followed by a 45-minute game. Schedules are provided the first week of the season. Evaluations will be held Saturday, January 9th and are used to determine team placement and provide balanced teams. Attendance by all players is required. One player request may be made per person, but no players are guaranteed to be on the same team. Teams consist of 8-10 players with equal playing time required. Teams play an 8-week regular season and 2 weeks of playoffs. If you would like to volunteer to coach a team, please contact Anna Dannhausen at (773) 685-6902 or anna@hotshots4kids.com. Volunteer Coaching is on a first come, first serve basis.	**11946**	5 – 7	Sa	1/9 – 3/19	1 – 3 pm	$120 R $162 NR
	11947	8 – 11	Sa	1/9 – 3/19	1 – 3 pm	$120 R $162 NR
Spring Basketball League EM NEW! The Spring Basketball League exposes youth players to team dynamics and develops their intermediate and advanced basketball skills. Through game play and practices, players learn new techniques and improve existing skill levels. Each team is assigned a coach who works hands on with the players and their teammates to encourage teamwork, proper fundamentals and core concepts of the game. Teams are separated by age into two divisions: Beginners (Ages 7-8) and Juniors (Ages 9-10). Games are held Saturday's between 1:00 PM and 3:00 PM. Each team meets for a 15-minute practice followed by a 45-minute game. Schedules are provided the first week of the season. Evaluations will be held Saturday, April 9 and are used to determine team placement and provide balanced teams. Attendance by all players is required. One player request may be made per person, but no players are guaranteed to be on the same team. Teams consist of 8-10 players with equal playing time required. Teams play a 5-week regular season and 2 weeks of playoffs. If you would like to volunteer to coach a team, please contact Anna Dannhausen at (773) 685-6902 or anna@hotshots4kids.com. Volunteer Coaching is on a first come, first serve basis.	**11944**	7 – 8	Sa	4/9 – 6/5	1 – 3 pm	$98 R $132 NR
	11945	9 – 10	Sa	4/9 – 6/5	1 – 3 pm	$98 R $132 NR
Total Sports Camp EM NEW! This camp is designed for children who love sports! Campers will learn fundamental skills, and then apply these newly acquired skills in game play. Some of the sports played include Soccer, Baseball, Basketball, Football, Floor Hockey, and a variety of group games. Sportsmanship and teamwork will be emphasized in each sport. Camp will meet outside at Prairie View Park and indoors at the Prairie View Community Center during inclement weather. All campers will receive a camp T-shirt and prizes will be awarded each day. Campers should bring a snack, drinks and lunch (9am-2pm campers only) each day.	**12132**	7 – 10	M – F	8/8 – 8/12	9 am – 2 pm	$175 R $236 NR
	12133	11 – 14	M – F	8/8 – 8/12	9 am – 2 pm	$175 R $236 NR
Sports Around the World EM NEW! Hot Shots Sports is bringing the world's most popular sports to Morton Grove! Participants will expand their sports knowledge with comprehensive introductions to Cricket, Rugby, Handball, Netball, Ultimate Frisbee and more. Some sports may be slightly modified to ensure the safety of each participant.	**11942**	7 – 10	Th	1/7 – 3/24	4 – 5 pm	$132 R $179 NR
	11943	7 – 10	Th	4/7 – 6/2	4 – 5 pm	$98 R $134 NR

youth gymnastics

USA GYMNASTICS. Member Club

Girls Recreational Gymnastics EM

The goal of this entry level program is to challenge gymnasts and allow them to achieve maximum success while developing skills, building strength and increasing flexibility. The program follows developmental gymnastics progressions. Gymnasts are grouped by age categories.

Girls Level 1 Gymnastics EM

This program is designed to challenge and train gymnasts for participation in the gymnastics competitive system. The program is divided into progressive levels recommended by USA Gymnastics. Instructor approval required for Level 1.

Girls Advanced Recreational Gymnastics EM

Participants wanting to advance their skills through classes and not competition. Gymnasts are challenged by their individual skill level to improve their skill set

Girls Gymnastics Xcel Bronze Competitive Team Level 2 EM

This is our competitive team for athletes competing in Xcel Bronze Level and in junior Olympic level 2 sanctioned USA Gymnastics competition. Team schedule is determined by the coaches and coordinator.

Girls Xcel Silver, Gold, Platinum & Diamond Team (levels 3-10) EM

This is our competitive team for athletes competing in Xcel Silver, Gold, Platinum & Diamond Levels and Junior Olympic Competitive Levels 3-10 sanctioned USA Gymnastics competition. Competitive Team schedule is determined by the team coaches and coordinator.

Boys Recreational Gymnastics & Level 1 EM

This entry level program challenges gymnasts by developing skills, building strength and increasing flexibility. Boys artistic gymnastics is comprised of six Olympic events; vault, high bar, parallel bars, pommel horse, rings, and floor exercise.

Gymnastics Competitive Boys Pre Team EM

This program prepares athletes to compete at sanctioned USA Gymnastics competitions. Registered gymnasts learn required, competitive level routines and are expected to compete at least once. Gymnasts progress to Boys Team.

Boys Competitive Gymnastics Team EM

This is a Men's Level 4-10 team for sanctioned USA Gymnastics competition. Team competitive schedule is determined by the coaches and coordinator.

Gymnastics Tumble Class EM

This co-ed program is designed for cheerleaders and gymnasts to achieve maximum success while developing tumbling skills which demonstrate speed and strength. Acrobatic maneuvers including somersaults, flips and twists will also be covered. This program is recommended for those who want to tumble (no gymnastics apparatus).

Gymnastics Competitive Co-ed Tumbling Team EM

This program is designed for the tumblers and gymnasts who are interested in participating in USA Gymnastics competitive tumbling system. Competitive Team schedule is determined by the team coaches and coordinator.

Instructor: Cindy Morano and Staff

***No Class:** 1/9, 1/18, 1/23, 2/15, 3/2, 3/12, 3/25, 3/26, 3/27, 3/28, 3/29, 3/30, 3/31, 4/1, 4/2, 4/3, 4/6, 4/8, 4/22, 5/8, 5/21*

Registration deadline is one week before program starts unless otherwise noted.

youth gymnastics 33

Girls Recreational Gymnastics
Age: **6 – 17**
Fee 7 wks: **$75 R/$102 NR**
Fee 6 wks: **$65 R/$88 NR**
Niles West High School

Code	Date	Day	Time
11995	1/4 – 2/29	M	6 – 7 pm
11996	1/4 – 2/29	M	7 – 8 pm
12002	3/14 – 5/2	M	6 – 7 pm
12003	3/14 – 5/2	M	7 – 8 pm
12010	1/6 – 2/17	W	6 – 7 pm
12014	3/9 – 5/4	W	6 – 7 pm
12021	1/16 – 2/27	Sa	1:30 – 2:30 pm
12022	4/9 – 5/14	Sa	1:30 – 2:30 pm
12026	1/10 – 2/28	Su	10:15 – 11:15 am
12027	3/13 – 5/15	Su	10:15 – 11:15 am

Girls Level 1 Gymnastics
Age: **6 – 17**
Fee 7 wks: **$75 R/$102 NR**
Niles West High School

Code	Date	Day	Time
11998	1/4 – 2/29	M	6 – 7 pm
11999	1/4 – 2/29	M	7 – 8 pm
12005	3/14 – 5/2	M	6 – 7 pm
12006	3/14 – 5/2	M	7 – 8 pm
12012	1/6 – 2/17	W	6 – 7 pm
12016	3/9 – 5/4	W	6 – 7 pm

Girls Advanced Recreational Gymnastics
Age: **6 – 17**
Fee 7 wks: **$85 R/$115 NR**
Niles West High School

Code	Date	Day	Time
12023	1/10 – 2/28	Su	9:45 – 11:15 am
12024	3/13 – 5/15	Su	9:45 – 11:15 am

Girls Gymnastics Xcel Bronze Competitive Team Level 2
Age: **6 – 17**
Fee 7 wks: **$140 R/$189 NR**
Niles West High School

Code	Date	Day	Time
12038	1/6 – 2/20	W	6:30 – 8:30 pm
		Sa	2:30 – 4:30 pm
12039	3/9 – 5/7	W	6:30 – 8:30 pm
		Sa	2:30 – 4:30 pm

Girls Xcel Silver, Gold, Platinum & Diamond Team (levels 3 – 10)
Age: **6 – 17**
Fee 8 wks: **$195 R/$264 NR**
Niles West High School

Code	Date	Day	Time
12028	1/4 – 2/28	M/W	6:30 – 8:30 pm
		Sa	12:30 – 4 pm
		Su	11:30 – 1 pm
12029	2/29 – 5/1	M/W	6:30 – 8:30 pm
		Sa	12:30 – 4 pm
		Su	11:30 – 1 pm

Boys Recreational Gymnastics & Level 1
Age: **6 – 17**
Fee 7 wks: **$75 R/$102 NR**
Fee 6 wks: **$65 R/$88 NR**
Niles West High School

Code	Date	Day	Time
11997	1/4 – 2/29	M	6 – 7 pm
12004	3/14 – 5/2	M	6 – 7 pm
12011	1/6 – 2/17	W	6 – 7 pm
12015	3/9 – 5/4	W	6 – 7 pm
12017	1/16 – 2/27	Sa	1:30 – 2:30 pm
12018	4/9 – 5/14	Sa	1:30 – 2:30 pm

Gymnastics Competitive Boys Pre Team
Age: **6 – 17**
Fee 8 wks: **$95 R/$129 NR**
Niles West High School

Code	Date	Day	Time
12001	1/4 – 2/29	M	6:30 – 8:30 pm
12008	3/14 – 5/2	M	6:30 – 8:30 pm

Boys Competitive Gymnastics Team
Age: **6 – 17**
Fee 7 wks: **$170 R/$230 NR**
Niles West High School

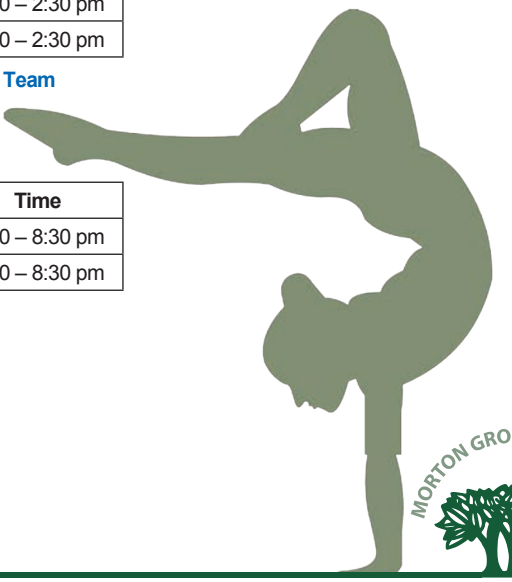
Code	Date	Day	Time
12030	1/4 – 2/19	M, W	6:30 – 8:30 pm
		Su	1:15 – 3:15 pm
12031	2/29 – 5/1	M, W	6:30 – 8:30 pm
		Su	1:15 – 3:15 pm

Gymnastics Tumble Class
Age: **6 – 17**
Fee 7 wks: **$75 R/$102 NR**
Niles West High School

Code	Date	Day	Time
12000	1/4 – 2/29	M	6 – 7 pm
12007	3/14 – 5/2	M	6 – 7 pm
12009	1/6 – 2/17	W	6 – 7 pm
12013	3/9 – 5/4	W	6 – 7 pm

Gymnastics Competitive Co-ed Tumbling Team
Age: **6 – 17**
Fee 6 wks: **$65 R/$88 NR**
Niles West High School

Code	Date	Day	Time
12019	1/16 – 2/27	Sa	1:30 – 2:30 pm
12020	4/9 – 5/14	Sa	1:30 – 2:30 pm



teen sports & interest

All Hot Shots Sports programs are held at Prairie View Community Center.

Instructor: Hot Shot Sports Staff

10% 2ND CHILD DISCOUNT ON HOT SHOTS CLASSES

Program/ Description	Code	Age	Day	Date	Time	Fee
Soccer Skills Clinic 201 EM In the next stage of their progression, players increase their playing stamina and speed on and off the ball. The clinic's technique training involves strength and placement shooting, landing on shooting foot, precision passing, settling the ball with various body parts, and other offensive and defensive skills. Most importantly, players are taught game concepts that will improve their decision-making.	**11914**	9 – 12	W	1/6 – 3/23	6 – 7 pm	$132 R/$178 NR
	11915	9 – 12	W	4/6 – 6/1	6 – 7 pm	$99 R/$134 NR
Basketball Skills Clinic 2 EM Players will incorporate their current shooting and dribbling skills into offensive plays such as setting screens and moving without the ball. Participants are introduced to defensive moves including proper stance and concepts such as zone and man-to-man defense. Players will develop their shot using proper mechanics to be effective further from the basket.	**11926**	9 – 12	Tu	1/5 – 3/22	5 – 6 pm	$132 R/$178 NR
	11927	9 – 12	Tu	4/5 – 5/31	5 – 6 pm	$99 R/$134 NR
Full Court Basketball EM Come down to the gym and play full court basketball games. Hot Shots Sports staff will facilitate and referee games. Participants are divided into new teams each week and have an opportunity to work with coaches on specific skills and then apply these acquired skills to actual games.	**11928**	10 – 14	Tu	1/5 – 3/22	7 – 8 pm	$132 R/$178 NR
	11929	10 – 14	Tu	4/5 – 5/31	7 – 8 pm	$99 R/$134 NR
"Game Time" Volleyball EM Players experience daily scrimmages with active instruction and tips from the Hot Shots Sports coaching staff. Coaches referee while emphasizing the fundamentals and game strategies of volleyball. Players learn skills such as serving, passing, setting and attacking in a "game time" environment.	**11940**	11 – 15	Th	1/7 – 3/24	6 – 7 pm	$132 R/$178 NR
	11941	11 – 15	Th	4/7 – 6/2	6 – 7 pm	$99 R/$134 NR

Kalahari Indoor Waterpark KH

Depart and Return to Prairie View Community Center

Stand up, surf or boogie board on your day off of school! It may be cold outside so travel with us to Kalahari Indoor Waterpark in Wisconsin Dells. It's an indoor waterpark with a surfer ride-the FloRider, the Masterblaster, Victoria Falls raft ride, indoor wave pool and a lazy river! An 8 inch personal pizza and pop will be provided for the lunch. Bring extra money for dinner, snacks, and a locker. ***Please register by February 5.***

Code	Age	Date	Day	Time
11857	11– 14	2/15	M	8 am – 8 pm

Fee: $55 R/$74 NR

Teen Flashlight Egg Hunt KH

Prairie View Community Center

Think egg hunts are too easy? How about in the dark? It's lights out for this late night egg hunt! Grab a flashlight and basket and join friends in a search for eggs filled with candy and prizes. Find a coveted golden egg for an extra special prize

Code	Grade	Date	Day	Time
11805	5th – 8th	3/24	Th	8 – 8:30 pm

Fee: $5 R/$7 NR

Registration deadline is one week before program starts unless otherwise noted.

Youth Karate EM

National Park Fieldhouse

ISKC's youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility, and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules. **No class 5/30.**

Code	Age	Day	Date	Level	Time
11879	7 – 14	M	1/4 – 3/21	Beg/Cont (white-stripes)	4:30 – 5:30 pm
11880	7 – 14	M	1/4 – 3/21	Nov (red-orange)	5:30 – 6:30 pm
11881	7 – 14	M	1/4 – 3/21	Int (yellow-blue)	6:30 – 7:30 pm
11882	7 – 14	M	1/4 – 3/21	Adv (green and up)	7:30 – 8:30 pm
11890	7 – 14	M	4/4 – 6/6	Nov (red-orange)	5:30 – 6:30 pm
11892	7 – 14	M	4/4 – 6/6	Beg/Cont (white-stripes)	4:30 – 5:30 pm
18894	7 – 14	M	4/4 – 6/6	Int (yellow-blue)	6:30 – 7:30 pm
11895	7 – 14	M	4/4 – 6/6	Adv (green and up)	7:30 – 8:30 pm

Instructor: IL Shotokan Karate
Fee: $117 R/$158 NR Winter
$88 R/$119 NR Spring

National Fieldhouse

Code	Age	Day	Date	Level	Time
11883	8 – 14	W	1/6 – 3/23	Beg/Cont White-Red	6:30 – 7:25 pm
11896	8 – 14	W	4/6 – 6/8	Beg/Cont White-Red	6:30 – 7:25 pm
11884	8 – 14	W	1/6 – 3/23	Nov/Int Orange-Blue	7:30 – 8:25 pm
11897	8 – 14	W	4/6 – 6/8	Nov/Int Orange-Blue	7:30 – 8:25 pm
11885	8 – 14	W	1/6 – 3/23	Adv/Grn+	8:30 – 9:30 pm
11898	8 – 14	W	4/6 – 6/8	Adv/Grn+	8:30 – 9:30 pm

Instructor: IL Shotokan Karate
Fee: $117 R/$158 NR Winter
$98 R/$132 NR Spring

IPRA Teen Ski Trip KH

Depart and Return to
Prairie View Community Center

Join teens from park districts all over IL for skiing and/or snowboarding fun at Wilmot Mountain, WI (just over the border of IL): 25 runs, 8 chair lifts, 3 rope tows, 4 terrain parks, complimentary lessons, food and concession available, arcade room and other rental equipment available (poles, helmets, etc.)
Please register by January 15th.

Code	Age	Date	Day	Time
11869	13– 16	2/26	F	8 pm – 2 am on the next day

Lift ticket only $51 R/$69 NR
Lift ticket and skis $64 R/$86 NR
Lift ticket and snowboard $77 R/$104 NR

Jelly Belly & Shopping Tour KH

NEW!

Lincolnwood Community Center

If you have a sweet tooth, this is the trip for you! We'll start our day at the Jelly Belly Warehouse in Pleasant Prairie, Wisconsin, where we'll take the Jelly Belly Express Train on a ride through the company's history and candy-making process, check out Jelly Belly Bean Art, and taste a variety of flavorful beans as we check out the store. After the warehouse tour, we will head to Gurnee Mills, the largest outlet shopping destination in Illinois! Numerous shopping and dining opportunities await you at Gurnee Mills! Be sure to bring extra money for goodies and shopping on this trip. Fee includes transportation and lunch at the Jelly Belly Snack Bar. ***Please register by Monday, January 11th.***

Code	Grade	Date	Day	Time
12155	11 – 14	1/18	M	9:30 am – 5 pm

Fee: $35 R/$47 NR

CLUB FITNESS

Friendlier Fitness • No Initiation Fees

Hours of Operation

Memorial Day – Labor Day
Monday – Friday: 5:00 am – 9:00 pm
Saturday & Sunday: 7:00 am – 5:00 pm
Holiday Hours: 7:00 am – 3:00 pm
Labor Day – Memorial Day
Monday – Thursday: 5:00 am – 10:00 pm
Friday: 5:00 am – 9:00 pm
Saturday & Sunday: 7:00 am – 6:00 pm
1/1/16 Holiday Hours: 7:00 am – 3:00 pm
Closed 3/27/15

The fitness center will be CLOSED on March 31st for maintenance.

Our Fitness Center Offers the following

- Full Circuit of: Paramount XL Line I Iron Grip Free Weights
- Troy Dumbbells (5-120 lbs.) I Precor/Life Fitness Elliptical Trainers
- Alternative Motion Trainers (AMT) I Upright Bikes
- NuStep Recumbent Steppers I Precor/Matrix Treadmills
- Schwinn Airdyne Bikes I Cycle Center
- Concept II Rowing Machines I TV/Cardio Theater
- Recumbent Bikes I Startrack Max Rack
- Co-Ed and Ladies Only Stretching Rooms I High Intensity Training (H.I.T.) Zone*
- Free Wi-Fi Service

*The H.I.T. Zone has kettlebells, balance discs, plyo boxes, medicine balls, foam rollers, agility ladders and more. This is a great room for members who are interested in using multiple pieces of equipment in circuit workouts.

Fitness Memberships Include:

- Fitness Center
- Dry Heat Sauna
- Open Gym Basketball
- Lockers, Locks and Shower Facilities
- Racquetball/Wallyball Court
- Track
- Wellness Room

Annual memberships also includes Two Free One Time Guest Passes.

Who pays "Resident Fees" for Club Fitness Memberships?

Anyone residing in Morton Grove, Niles or Skokie!

Racquetball Court

Racquetball is complimentary to our Club Fitness members. Rules are as follows:

- You can reserve the court for racquetball or wallyball and play for a 1 hour time period
- You can reserve it up to 7 days in advance.
- A reserved court will become "open" if players are more than 15 minutes late for their scheduled time
- You are welcome to bring non-member guests to play but they will be required to pay a fee:
  $8 Resident $10 Non-Resident

For an additional fee we offer:

- ***Group Fitness Classes:*** Cycling, Zumba, Yoga, Pilates, Tai Chi and more
- ***Speciality Classes:*** TRX Training, Kettlebell, Barbell Strength
- ***Personal Barbell Strength Training*** - individual 60 or 30 minute sessions available.
- ***3-4 people small group training available upon request***

Club Fitness • 6834 Dempster St. • Morton Grove
Inside the Prairie View Community Center
Questions? Contact Sue Braubach **(847) 965-0532**

Registration deadline is one week before program starts unless otherwise noted.

Membership Card SB

Upon joining Club Fitness, all members will be issued a membership card. Guests will be asked to present a photo ID card when entering. Club Fitness Memberships are year-to-date. Monthly payment plans are available.

Fitness Membership Fees

Resident

Membership Type	Annual	Monthly
Daytime/Students/Senior (59+)	$222	$20
Individual	$284	$25
Family of 2	$420	$36
Senior Family of 2 (59+)	$321	$28
Family of 3	$507	$44
Each Additional	$104	$10

Non-Resident

Membership Type	Annual	Monthly
Daytime/Students/Senior (59+)	$299	$26
Individual	$383	$33
Family of 2	$567	$49
Senior Family of 2 (59+)	$433	$38
Family of 3	$684	$59
Each Additional	$140	$13

Daytime Membership: Valid 5 am – 3:30 pm weekdays and anytime Saturday and Sunday.
High School/College Membership: Must show a school I.D. at time of purchase.
Seniors: *Age 59+*
Individual: Age 14 (or high school freshman) and over.
Family: Only 2 adults over age 23 on Family Memberships.
Corporate: Employees of Morton Grove Businesses receive resident rate. Pay stub required at time of purchase.

Short-Term Options SB

Membership Length	Resident	Non-Resident
3 Months	$80	$108
1 Month	$35	$48
Daily	$8	$10

If you already have a fitness membership you can *upgrade your membership* to include access to our drop-in Group Fitness classes at a discount!

$141 for Seniors*
$169 for Individuals*

This upgrade gives you the flexibility to workout on *your* time and change up *your* routine during the week. Fee is per person and only includes classes listed on the GroupEx schedule.
**fee in addition to fitness membership fee*

DON'T MISS THESE SPECIALS!!

FREE 30-minute Orientation session when you sign up for an annual fitness membership!

Save Money when you pay in full!

NEW YEAR'S DEAL!
January 10th - 17th
FREE Fitness Week
Try any GroupEx class or our club for FREE!

Help support the Morton Grove Fitness Club and your **employees receive 50% OFF** a 1-year membership!

$99 Pool & Fitness Membership.
Valid Memorial Day – Labor Day.

Purchase an annual Fitness Membership and receive **13 months for the price of 12.**

Refer a friend and get 1 month FREE

Current members through 9/1 and new individual and senior members get a **FREE 2016 pool pass.** Families can upgrade for $50. Ask for details at the front desk.

group fitness and GroupEx cards

Group Fitness Membership SB

There are over 25 classes per week for members of all ages and abilities. Choose from Strength, Zumba, Cycling and more. Select classes are FREE with your membership. An annual membership for classes is convenient and flexible.

You determine which classes fit your schedule. For an annual fee you can attend unlimited GroupEx fitness classes. **This does not include entry to the fitness club or specialty classes.**

Package	Annual	Monthly
Individual Resident	$343	$30
Senior Resident (59+)	$286	$25
Individual Non-Resident	$463	$40
Senior Non-Resident (59+)	$386	$34

Save money when you pay in full!

GroupEx Pass Cards NEW!

The GroupEx pass provides flexible attendance to classes at very competitive rates. Please note this card is non-refundable and non-transferable. You choose which class fits in your schedule and your budget.

	R	Senior R	NR	Senior NR
	Fee does not include entry into fitness club or specialty classes.			
5 Visit	$40	$35	$55	$50
10-Visit	$80	$70	$110	$100

Passes are non-transferable and expire 6 months from the date of purchase.

NEW GROUP FITNESS POLICY

Instructors must have a minimum of three participants in attendance for three consecutive weeks in order to keep a fitness class running. If the class does not meet the minimum it will be cancelled and we will try to replace it with a new class or offer the class on a different day or time. **When there is an update to the schedule it will be posted at Prairie View Community Center and with our customer service staff. For updates, you can also call Sue Braubach at (847) 965-0532.**

*Be on the lookout for our **new mobile fitness app,** launching later in 2015. This free app will enable you to search for classes, track your fitness goals, participate in group challenges, and connect to your favorite wearable devices and tracking apps, like Fitbit and MyFitnessPal. For members and non-members.*

GroupEx PROGRAMS SB

BARRE BURN
Based on classic ballet barre techniques, Barre Burn is the perfect blend of deep muscle toning and resistance, with the grace of ballet, flexibility of yoga and core strengthening of Pilates. This class builds strength, while stretching and toning the entire body. Light hand weights, a ball and exercise bands are often used to achieve maximum results. Barre Burn works to create long, lean muscles, to increase flexibility and improve posture. No dance experience is required.

WERQ!
WERQ is the fiercely fun dance fitness class based on pop, rock and hip hop music. The warm-up previews the dance steps and the WERQ cool-down includes balance and yoga inspired poses.

ZUMBA
Zumba is taking the world by storm! Zumba is a fitness program designed to strengthen the heart and lungs, trim and tone the entire body, increase flexibility and improve coordination.

TOTAL BODY TONING
A combination of free weights, body bars, tubing and resistance balls. Strengthen, tone, and define the entire body (upper, lower and core). All levels welcome.

CORE AND MORE
Utilize the Pelvicore ball to enhance strength, coordination and balance in your core muscles: abs, hips, back, glutes and pelvic floor. Improve your overall biomechanical health.

STRENGTH TRAINING
Looking to lose weight, tone up and just look and feel better? This program is power-packed FUN! Workouts consist of aerobic strength, speed, power and agility exercises designed to challenge all fitness levels.

YOGA FOR ALIGNMENT
Proper alignment improves circulation, creates inner space in the joints, good posture and helps avoid injuries. When proper form is present you can get the maximum benefit from each asana for greater muscular strength , tone and flexibility. Additionally proper alignment brings a balanced flow of energy through the body that creates wellbeing.

GENTLE YOGA
This yoga class is perfect for beginners, seniors, postpartum moms and those with limited mobility who want to reap the benefits of a strong, healthy body and mind. Bring a pillow and towel.

YOGA FOR STRESS RELEASE NEW!
This specialized yoga class will focus on quieting the mind and calming the nervous system.

HATHA FLOW YOGA
Hatha Flow emphasizes mindfulness in each asana with a focus on synchronizing the breath within each posture. By linking movement with breath, the health benefits of each pose are enhanced - including greater muscular strength and tone, increased flexibility and joint mobility, with improved circulation and hormonal balance. This class is suitable for anyone, as modifications are always offered.

STRONG AND LONG
This class combines strength training, stretching and relaxation exercises to offset the effects of osteoporosis, manage weight, release stress and recover muscle mass lost due to aging or a sedentary lifestyle. Get a full body workout and leave feeling strong, long, relaxed and ready to face the day!

group fitness and GroupEx cards

GroupEx PROGRAMS cont. SB

CARDIO KICKBOXING
Cardio Kickboxing is an intense total-body workout featuring traditional boxing moves. Punch, kick, and block your way through this fun and challenging cardiovascular workout, which can improve strength, aerobic fitness, flexibility and balance.

SENIOR EXERCISE
This dynamic program is designed especially for older adults emphasizing non-vigorous exercise increasing joint mobility and flexibility with fun music and a lot of laughs.

EXERCISE FOR HEALTH
Do you have aches and pain, fibromyalgia or arthritis? Are you done with rehab and want to gradually get back to exercising? Do you want to improve your flexibility and muscle strength all while improving your balance? If you answered yes to any of these questions, this is the class for you! Participants will use gentle fluid movement to enhance muscular strength, increase joint flexibility and promote overall physical stamina.

PILATES CORE
A full body, mat-based exercise class based on techniques developed by Joseph Pilates. Pilates increase lung capacity and circulation through deep breathing and strengthen the core and back muscles. Muscular balance, core strength, flexibility and coordination are all enhanced through this practice.

CYCLE
With the ability to control everything from speed and resistance to intensity level, this class is as easy or challenging as you want. Each class provides a warm-up, cardio workout and cool-down.

CYCLE SPORT
Class combines a high energy interval cycle workout with strength and toning. Maximize your time with this class, which provides both cardio and strength.

LINE DANCING
Join instructor Rhonda Bidne for a night of country western line dancing. Rhonda will teach new and classic dances, which will be reviewed throughout the session. Line dancing is a good way to burn calories and have fun. No tennis shoes please.

WALK WITH EASE
This program is designed to incorporate warm-ups, cool-downs and strength exercises, as well as 10 to 35 minutes of walking in an effort to make exercise a habit. Health education lectures are also included. This program is co-sponsored by the Arthritis Foundation.

TAI CHI FOR HEALTH
This class uses gentle, fluid movements to enhance muscular strength, increase joint flexibility and promote overall physical stamina. Participants will relax and find relief from the physical and mental stress that accompanies living with aches, pains, the fear of falling, fibromyalgia and arthritis.

CLASSICAL STRETCH
NEW!
This class is a full body, strength and flexibility technique with multiple benefits. The workouts are designed to keep the entire body's system of muscles balanced and strong and flexible and the joints healthy.

Walk for free in the fitness center with a GroupEx membership!

Not ready to commit? DROP IN!
Attend a group fitness program for just $8/$11 (Res/Non-Res) per class. Seniors save $1.

During the weeks of 12/21 – 1/2 there will be a limited Holiday Fitness schedule.

GROUPEX SCHEDULE

Schedule subject to change - call (847) 965-1200 or check website for updates.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:40 – 9:40 am **Strong and Long** Rhonda (ADS)	8 – 8:50 am **Classical Stretch** K.C. (CR)	8:40 – 9:40 am **Strong and Long** Rhonda (ADS)	9 – 10 am **Senior Exercise** Leslye (ADS)	8:40 – 9:40 am **Strong and Long** Rhonda (ADS)	8 – 9 am **Yoga** Elise(ADS)
9:15 – 10:15 am **Cycle 101** Beth (CC)	9 – 10 am **Senior Exercise** Leslye (ADS)	9:00 – 9:45 am **Exercise for Health** Carol (CC)	9:15 – 10:15 am **Gentle Yoga** Megan (CR)	9 – 10 am **Zumba/Werq Jam** Michelle (CR)	9:10 – 10:10 am **Barre Burn** Lindsay (ADS)
9:50 – 10:50 am **Zumba** Patrizia (ADS)	12:15 – 1:15 pm **Core N More** KC (ADS)	9:50 – 10:50 am **Zumba** Patrizia (ADS)	10:20 – 11:20 am **Pilates Core** Megan (CR)	9 – 10 am **Walk with Ease** Carol (Gym)	9:30 – 10:30 am **Zumba/Strength Training** Michelle (CR)
6:05 – 7:05 pm **Cardio Kickboxing** Rhonda (ADS)	6 – 7 pm **Hatha Flow Yoga** Nancy (CR)	10 – 10:45 am **Tai Chi for Health** Carol (CC)	5 – 5:50 pm **Strength Training** Beth (CC)	9:15 – 10:15 am **Cycle 101** Beth (CC)	
7:10 – 8:10 pm **Zumba** Patrizia (ADS)	6 – 7 pm **Cycle Sport** Beth (CC)	6:05 – 7:05 pm **Line Dancing** Rhonda (ADS)	6 – 7 pm **Cycle Sport** Beth (CC)	11:30 am – 12:30 pm **Classical Stretch** KC (ADS)	
8:15 – 9:15 pm **Total Body Toning** Rhonda (ADS)		7:10 – 8:10 pm **Zumba/WERQ Jam** Michelle (ADS)			
		8:15 – 9:15 pm **Total Body Toning** Rhonda (ADS)			

NEW THIS SPRING – 5 AND 10 VISIT PASS CARDS. EASY & CONVENIENT.
EXPIRE 6 MONTHS FROM PURCHASE DATE.

specialty fitness

Specialty programs are not a part of GroupEx.

Cycle Yoga SB

Prairie View Community Center

Challenge your body with an hour of intense indoor cycling followed by a half hour of yoga for a complete mind/body workout. This class is guaranteed to leave you feeling refreshed and energized! ***No Class 12/23, 12/30.***

Code	Age	Date	Day	Time
11774	16 yrs+	12/2 – 1/20/16	W	6 – 7:30 pm
11840	16 yrs+	1/27 – 3/2	W	6 – 7:30 pm
11841	16 yrs+	3/9 – 4/13	W	6 – 7:30 pm

Instructor: Marty Hedrich
Fee: $60 R/$81 NR
Walk in Fee: $16 NR/$12 R/CF members

Kettlebell 30 Minute Express SB

Prairie View Community Center

Kettlebells are one of the most powerful tools for improving fitness and physique. Kettlebells fast results work, due to the challenge of incorporating the whole body simultaneously with dynamic, explosive movements in every plane of motion. This class will be offered in specialized small group environments in order to maximize performance and perfect form and function, join us and get ready to swing low and swing high as we feel the power of KETTLEBELL! ***No Class 12/23, 12/30.***

Code	Age	Date	Day	Time
11775	16 yrs+	12/2 – 1/20	W	8:20 – 8:50 pm
11854	16 yrs+	1/27 – 3/2	W	8:20 – 8:50 pm
11855	16 yrs+	3/9 – 4/13	W	8:20 – 8:50 pm

Instructor: Michelle Richter
Fee: $42 R/$57 NR

Classes limited to 6 participants. If maximum not met, walk in spots will be available. Walk in fees: $12 NR/$8 R/CF members

Stroller Fitness SB

NEW!

Prairie View Community Center

Experience this new, innovated fitness program for new moms and their babies. Classes are comprised of a warm-up and 50 minute power walk, with stops for body toning using the stroller and the gym. This program is designed for all fitness levels, so come out and get fit, meet new people and have fun. ***No class on 3/25.***

Code	Age	Date	Day	Time
11842	18 yrs+	1/8 – 2/12	F	10:30 – 11:30 am
11843	18 yrs+	2/19 – 4/1	F	10:30 – 11:30 am

Instructor: Megan Muradian
Fee: $48 R/$69 NR

Salsa Solo SB

Prarie View Community Center

Salsa Dancing originated in Latin America and it is very popular throughout the world. It is largely a pair dance, but with many "shines" that can be done individually. We will put those shines into choreography and work with lots of hip and torso motions. Join instructor Elise Foss, born in Brazil and raised in Venezula. She has been teaching dance/exercise for 27 years and has two Latin Rhythm exercise videos that have been sold nationally and internationally.

Code	Age	Date	Day	Time
11846	18 yrs+	1/3 – 2/7	Sn	11 am – 12 pm
11847	18 yrs+	2/14 – 3/20	Sn	11 am – 12 pm

Instructor: Elise Foss
Fee: $40 R/$52 NR

Registration deadline is one week before program starts unless otherwise noted.

Specialty programs are not a part of GroupEx.

specialty fitness training

Spin + TRX Combo SB

Cycle Room at Prairie View Community Center

Get cardio and strength in one 60 minute session. Cycle segments for cardio vascular conditioning followed by TRX segments for strength training.

Code	Age	Date	Day	Time
11778	18 yrs+	12/5 – 1/23/16	Sa	8 – 9 am
11844	16 yrs+	1/30 – 3/5	Sa	8 – 9 am
11845	18 yrs+	3/12 – 4/16	Sa	8 – 9 am

Instructor: Kathy DiPietro
Fee: $60 R/$81 NR

Classes limited to 6 participants. If maximum not met, walk in spots will be available. Walk in fees: $16 NR/$12 R/CF members

Barbell Strength SB

Fitness Center at Prairie View Community Center

This class will focus on building muscle and overall toning. The class is non-stop strength and core building exercises that increase muscular endurance while using a variety of equipment and movements. Instructor K.C. is certified in Body pump, AFFA group exercise and AFFA personal training. ***No class 12/23, 12/25, 12/30, 1/1, 3/25.***

Code	Age	Date	Day	Time
12199	16 yrs+	12/9 – 1/27	W	8 – 9 am
11777	16 yrs+	12/4 – 1/22	F	8:30 – 9:30 am
12200	16 yrs+	2/3 – 3/9	W	8 – 9 am
11848	16 yrs+	1/29 – 3/4	F	8:30 – 9:30 am
12201	16 yrs+	3/16 – 4/20	W	8 – 9 am
11849	16 yrs+	3/11 – 4/22	F	8:30 – 9:30 am

Instructor: K.C. Bleuher
Fee: $48 R/$69 NR

Classes limited to 6 participants. If maximum not met, walk in spots will be available. Walk in fees: $16 NR/$12 R/CF members

TRX Circuit SB

Cycle Room at Prairie View Community Center

From pro athletes to seniors, TRX is a great workout for any fitness level! Leveraging your own body weight, this full-body workout improves strength, flexibility and mobility. ***No class 12/21, 12/22, 12/23, 12/28, 12/29, 12/30.***

Code	Age	Date	Day	Time
11779	16 yrs+	11/30 – 1/18/16	M	6 – 7 pm walk in fee only
11780	16 yrs+	11/24 – 1/12/16	T	7:15 – 8:15 pm walk in fee only
11781	16 yrs+	11/25 – 1/13/16	W	6 – 7 am walk in fee only
11850	16 yrs+	1/25 – 2/29	M	6 – 7 pm
11851	16 yrs+	3/7 – 4/11	M	6 – 7 pm
11852	16 yrs+	1/19 – 2/23	T	7:15 – 8:15 pm
11853	16 yrs+	3/1 – 4/5	T	7:15 – 8:15 pm

Instructor: Beth Jacobson
Tuesday Instructor: Patrizia Tabet
Fee: $60 R/$81 NR

Classes limited to 6 participants. If maximum not met, walk in spots will be available. Walk in fees: $16 NR/$12 R/CF members

Open Gym SB

The full size gym at Prairie View Community Center is open for basketball play at scheduled times. Gym schedules are available at the front desk and online. ID required (details below).

	Residents		Non-Residents	
	1 visit	30-visit Pass	1 visit	30-visit Pass
17 and under	$3	$60	$7	$180
18+	$5	$120		

Accepted IDs to enter facility

- School ID
- Valid Driver's license (NO tickets)
- Morton Grove Park District Fitness Card or Pool ID

personal training

CLUB FITNESS

Friendlier Fitness • No Initiation Fees

GET TO KNOW OUR TRAINERS!

Our personal trainers work the fitness floor throughout the week

Questions? Contact Sue at (847) 965-0532

Make an appointment with one of our personal trainers and take your workout to a new level! Our trainers will keep you motivated every session, working with you to customize a program designed to help you achieve your fitness goals.

Personal Training request forms at the Prairie View Community Center front desk.

**Purchase a "6 PACK" 1 Hour or 30 Minute Personal Training package and receive the 7th session FREE!*

Cancellation Policy - *All appointments must be cancelled* **24 hours prior** *to the session or clients will be charged the full price.*

Do you have a specialty class, or a new twist on an existing class?

We would like to see what you can bring to the Morton Grove Park District!

We're looking for energetic, motivating and dependable personal trainers & fitness instructors to teach a variety of classes.

Apply online at mortongroveparks.com

1 Hour Individual Personal Training

Sessions	Club Fitness members	Non-Members
1	$49	$54
3	$141 ($47/session)	$156 ($52/session)
6*	$270 ($45/session)	$300 ($50/session)

30 Minute Express Personal Training

These 30-minute sessions are perfect for those brand new to exercise or looking to build and/or maintain stamina.

Sessions	Club Fitness members	Non-Members
1	$28	$36
3	$78 ($26/session)	$102 ($34/session)
6*	$144 ($24/session)	$192 ($32/session)

Interested in small group training with some friends, contact Sue!

Registration deadline is one week before program starts unless otherwise noted.

Building Healthy Habits SB

Cycle Room at Prairie View Community Center

NEW!

This six week program will meet for 60 minutes weekly. Each week the group will meet with Coach Kathy for stretch/balance techniques (15 minutes), review of the weekly topic, weight check-in, questions and ideas that work. Each individual will meet with the coach once weekly for personal review of progress. In order to achieve permanent weight loss an individual must develop a lifestyle of efficient healthy habits. Weight loss is difficult, complex and should be unique to each individual. This program will facilitate the complex process of Healthy Symbiosis; good habits linked together create greater results. This is not an easy process, but your health is worth it.

Week 1: Sleep + Hydration
Week 2: Movement + Meditation
Week 3: Focus on Food ONLY Diet + Vitamins Yes/No
Week 4: Food: Portions, What, When and WHY
Week 5: Stress Management ? Life management
Week 6: Cravings, Hunger, Brain Messages Week

Each participant will also receive a FREE 2 month membership at Club Fitness when they sign up.

Code	Age	Date	Day	Time
12254	18 yrs+	1/13 – 2/17	W	6 – 7 pm
12255	18 yrs+	3/2 – 4/6	W	6 – 7 pm
12256	18 yrs+	4/20 – 5/25	W	6 – 7 pm
11794	18 yrs+	1/16 – 2/20	Sa	9:15 – 10:15 am
11795	18 yrs+	3/5 – 4/9	Sa	9:15 – 10:15 am
11796	18 yrs+	4/23 – 6/4	Sa	9:15 – 10:15 am

Fee: $120 R/$162 NR
Club Fitness Member Rate $88

Meet Member Don Pesce

Over a year and a half ago, Don was taking medication for 3 chronic conditions and weighed 205 pounds. After a visit with the doctor he decided to start a combination exercise and weight loss program. Don takes fitness classes with the Morton Grove Park District 5 days a week. After 16 months of exercise, better eating habits, Don dropped 20 pounds and two of his medications. Don is very grateful to the fitness staff who pushed him to his limits without injury and the encouragement of the friends he made at Club Fitness.

Don has this to say; *"For those of you that are thinking about taking classes but worry that they may be too difficult or involved, I say to you "It does get better"!* Don is a believer that you can reverse the aging process with proper diet and exercise.

adult sports

Adult Karate Beginner/ Continuer (white - orange belt) EM

National Park Fieldhouse

Release tension and develop total body fitness! In addition to self-defense skills, karate develops flexibility and muscle tone while improving core strength. From work to home, the benefits of karate can be felt in all aspects of life.
No class 5/30.

Code	Age	Date	Day	Time
11871	over 15	1/4 – 3/21	M	8:30 – 9:30 pm
11887	over 15	4/4 – 6/6	M	8:30 – 9:30 pm

Instructor: IL Shotokan Karate
Fee: $117 R/$158 NR Winter
$88 R/$119 NR Spring

Adult Karate Intermediate/Adv (yellow-black belt) EM

National Park Fieldhouse

Release tension and develop total body fitness! In addition to self-defense skills, karate develops flexibility and muscle tone while improving core strength. From work to home, the benefits of karate can be felt in all aspects of life.
No class 5/30.

Code	Age	Date	Day	Time
11872	over 15	1/4 – 3/21	M	8:30 – 10 pm
11888	over 15	4/4 – 6/6	M	8:30 – 10 pm

Instructor: IL Shotokan Karate
Fee: $156 R/$211 NR Winter
$117 R/$158 NR Spring

Tae Kwon Do

National Fieldhouse

Taekwon Do is a form of Korean martial arts with a heavy emphasis on kicks. Grandmaster Connelly is one of the most experienced professionals. His classes are fun, safe, age appropriate, and rewarding!

Code	Age	Date	Day	Time
12275	13+	4/5 – 5/31	Tu	7:30 – 8:30 pm

Fee: $135 R/$182 NR

Adult Sports

Adult Athletic League Registration and Information

Entire fee is due at registration. Fees are based on a team registration. Full refunds will be processed within one month for teams that secured a sponsorship. Full refunds will be granted before the registration deadline only. After the registration deadline, $50 fee is non-refundable. Refunds will not be granted once the league meeting has been held. All league schedules are subject to change throughout the season. Teams could play on different days than registered for and double headers.

Adult Individual League Sign-up List

Prairie View Community Center

Want to play on one of our adult sport leagues, but you don't have a team? Register yourself on our individual players list. If a team is looking for players or we have enough players to organize a team we will do the work for you! **Please specify which league you are interested in during registration.**
Code: 12139
FREE!!

Adult Co-ed Volleyball League

Park View School

NEW!

Bump, set and spike in our indoor volleyball league! Teams will play one match per week, consisting of three games. Eight to nine matches will be played throughout the season depending on league registration, plus playoffs. A total of 12 players may be on a team roster and a minimum of four players and a maximum of six players can be on the court. Teams always need to consist of an equal or more females on the court than males at all times. Fee includes equipment, referees and cash prizes.
Registration deadline December 20th or when program fills.

Code	Age	Date	Day	Time
12140	over 18	1/8 – March	W	7, 7:55 or 8:45 pm

Fee: $350 per team

Co-Rec Pick-up Volleyball EM

Park View School

Enjoy an evening of non-competitive recreational volleyball. Teams and games will be formed at the start of each class.

Code	Age	Date	Day	Time
12148	over 18	1/26 – 5/10	Tu	8 – 10 pm

Fee: $40 R/$54 NR

Adult Softball League Information EM

Season tentatively starts the week of May 9th. Fees include umpires, softballs, and prize money for season and tournament winners For any additional info please contact Elizabeth McCann at emccann@mgparks.com. ***Registration deadline April 1st or when program fills.***

Men's 12" Leagues

Code	League Style	Day	Time	Fee
NEW! 12122	double header	Su	11 am – 2 pm	$765 per team
12043	single games	M	6:30 – 10:30 pm	$765 per team

Men's 16" Leagues

12120	single games	Tu	6:30 – 10:30 pm	$765 per team
12121	single games	W	6:30 – 10:30 pm	$765 per team

14" Co-Rec Leagues

12119	single games	F	6:30 – 10:30 pm	$765 per team
NEW! 12247	single games	Th	6:30 – 10:30 pm	$765 per team

No games 5/8, 5/27, 5/29, 5/30, 7/1, 7/3, 7/4.

Snowball Softball Double Elimination Tournament EM

NEW!

Harrer Park

Don't miss the 1st Annual Snowball Softball Tournament. Registration fee includes cash prizes, snow hats, umpires and softballs. ***Registration ends February 1st or when tournament fills.***

Code	Age	Date	Day	Time
12141	over 18	2/6 (weather date 2/20)	S	9 am

Fee: $195 per team

Over 18 Co-ed Soccer League EM

NEW!

Prairie View Community Center

All teams will compete in an hour long game and play 8-9 games throughout the season with only the top four teams making the tournament. Teams are allowed 11 fielders (which includes a goalie). Fees include equipment, referees, and prize money. ***Registration ends by March 25th or when program fills. No games 5/29.***

Code	Age	Date	Day	Time
12129	adult	4/10 – June	Su	games between 1 – 4 pm

Fee: $690 per team

Men's Summer Basketball League EM

Prairie View Community Center

League includes two patched officials, a scorekeeper, and cash prizes for regular season and tournament champs. ***Registration deadline May 1st or when program fills. No games July 3rd.***

Code	Age	Date	Day	Time
11961	over 18	6/5 – August	Su	games between 1 – 4 pm

Fee: $670 per team

Women's Winter Basketball League EM

NEW!

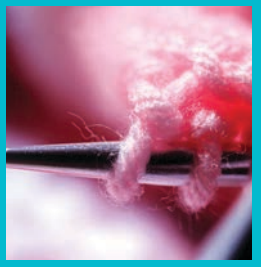
Prairie View Community Center

League includes two patched officials, a scorekeeper, and cash prizes for regular season and tournament champs. ***Registration deadline December 20th or when programs fills.***

Code	Age	Date	Day	Time
11962	over 18	1/3 – March	Su	games between 1 – 4 pm

Fee: $650 per team

adult sports



Pickleball Class EM NEW!

Prairie View Community Center

Come out and learn one of the fastest growing racquet sports. This intro class will teach you all you need to know about this fun sport. Rules, fundamentals, and drills will be covered. The last few weeks of the class will be a league format.

Code	Age	Date	Day	Time
11960	over 18	1/6 – 2/24	W	10:30 – 11:30 am

Fee: $35 R/$47 NR

Pickleball Open Play EM NEW!

Prairie View Community Center

Join us Sunday mornings for open gym pickleball. Paddles and balls will be provided. This sport is great for people of all ages and athletic abilities. Get your Sunday morning pass and come play the new sport that is sweeping the nation!

Code	Age	Date	Day	Time
11870	over 18	1/10 – 3/13	Su	7:30 – 9:30 am
12135	over 18	4/3 – 6/5	Su	7:30 – 9:30 am

Fee: $35 R/$47 NR per session or $5 drop in fee

Pickleball League EM NEW!

Prairie View Community Center

Our new Pickleball league will be great for beginners and seasoned players alike. The league will be following IFP rules.

Code	Age	Date	Day	Time
12149	over 18	4/3 – 5/22	Su	10 am – 12 pm

Fee: $60 R/$81 NR

Spring Outdoor Pickleball League EM NEW!

Prairie View Community Center

The weather is finally nice, so we're moving Pickleball outside! All levels of play are invited to join our recreational league.

Code	Age	Date	Day	Time
11963	over 18	4/6 – 6/8	W	6 – 8 pm

Fee: $60 R/$81 NR

See page 27 for Adult Tennis Information.

Registration deadline is one week before program starts unless otherwise noted.

Wine and Paint Night KH NEW!

Palm Room at Oriole Park Aquatic Center

Let the wine and creativity flow! No art experience needed for this BYOB painting party. Just bring your own bottle of wine, grab a friend and we will provide a canvas, brushes, paint and wine glasses.

Code	Age	Date	Day	Time
11835	over 21	2/4	Th	6:30 – 8:30 pm

Fee: $32 R/$43 NR

Wine and Knit Night KH NEW!

Palm Room at Oriole Park Aquatic Center

Let the wine and creativity flow! No experience needed for this BYOB knitting party. Just bring your own bottle of wine, grab a friend and we will provide yarn, needles and wine glasses.

Code	Age	Date	Day	Time
11834	over 21	4/6	W	6:30 – 8:30 pm

Fee: $26 R/$35 NR

Pinterest Project KH NEW!

Prairie View Community Center

Create a Pinterest inspired craft to take home with you! Crafters of all levels are welcome.

Code	Age	Date	Day	Time
11821	over 16	3/10	Th	6:30 – 8:30 pm

Fee: $7 R/$10 NR

Dog Training KH

National Park Fieldhouse

Focusing on positive reinforcement, this class provides a comprehensive program of dog-friendly and owner-friendly instruction for obedience exercises, hand signals, games, tricks and effective solutions for problem behaviors. Dogs 5 months and older are welcome, including those who have failed in other training approaches. Dogs do not attend the first class, but know your dogs neck measurement, current weight and bring proof of rabies vaccinations. ***Note: first class attendance is mandatory.***

Code	Age	Date	Day	Time
11966	over 16	1/7 – 2/25	Th	7:30 – 8:30 pm
11967	over 16	3/10 – 4/28	Th	7:30 – 8:30 pm

Instructor: Dennis Damon
Fee: $85 R/$115 NR

Puppy Training KH

National Park Fieldhouse

Focusing on positive reinforcement, this program is designed to educate new puppy owners in the optimum development of their puppies, to correct existing problems, and to prevent future problem behaviors. Course work includes: socialization exercise, house training, leash training, introductory obedience work, massage, grooming, nutrition and more. Open to puppies 7 weeks to 5 months who have had their first set of immunizations.

Code	Age	Date	Day	Time
11964	over 16	1/7 – 2/11	Th	6:30 – 7:30 pm
11965	over 16	3/10 – 4/14	Th	6:30 – 7:30 pm

Instructor: Wendy DeCarlo-Young
Fee: $60 R/$81 NR

Caregiver CPR KH

Prairie View Community Center

Who should learn CPR? Everyone! According to the American Heart Association, 88% of cardiac arrests occur at home and 70% of Americans may feel helpless to act because they do not know CPR or their training has lapsed. The life you save with CPR will likely be someone you love, so don't be caught unprepared- learn CPR and keep your certification current.

Code	Age	Date	Day	Time
11822	over 15	4/14	Th	5 – 8 pm

Instructor: Park District Staff
Fee: $34 R/$46 NR

adult hobbies and interests

Spring Gardening KH

Education Center at Historical Museum

Spring is on its way and it's time to start planning our gardens and tackling some chores. Horticulture Educator Kim Ellson will help you learn how to make the most out of this special time by adding color and interest to your garden. The program is provided free of charge through the University of Illinois Extension. Reservations are highly recommended as space is limited.

NEW!

Code	Age	Date	Day	Time
12267	over 18	3/16	W	7 – 8 pm

Instructor: Kim Ellson

FREE!!

Container Gardening KH

Education Center at Historical Museum

NEW!

Learn first-hand how to design, assemble and care for a variety of different containers including: patio planters, window boxes and hanging baskets. Have your container be the envy of the neighborhood! The program is provided free of charge through the University of Illinois Extension. Reservations are highly recommended as space is limited.

Code	Age	Date	Day	Time
12268	over 18	4/21	Th	7 – 8 pm

Instructor: Kim Ellson

FREE!!

Journal Making & Book Binding KH

Education Center at Historical Museum

Instructor Claire Sherman will guide you through making a beautiful, handmade journal using simple bookbinding technique.

NEW!

Code	Age	Date	Day	Time
12269	over 16	3/12	Sa	1 – 4 pm

Instructor: Claire Sherman
Fee: $24 R/$32 NR

String Art KH

NEW!

Education Center at Historical Museum

This is not your grandma's string art! During this class we will create a string art piece with a twist, an updated version of the iconic 1970's art form, using a variety of surprising materials.

Code	Age	Date	Day	Time
12270	over 16	4/9	Sa	1 – 4 pm

Instructor: Claire Sherman
Fee: $15 R/$20 NR

Multi-generational Rubber Stamping KH

NEW!

Education Center at Historical Museum

Kids, Parents, Grandparents - Join us in this multi-generational class as we use rubber stamps to make greeting cards or scrapbooking pages. We supply the stamps, paper, and ink. You supply some photos for the scrapbooking pages.

Code	Age	Date	Day	Time
12271	over 4	5/14	Sa	10 – 11:30 am

Instructor: Claire Sherman
Fee: $15 R/$20 NR

Archiving Your Family History KH

Education Center at Historical Museum

Do you have historic family photos and papers you wish could be store better? This special workshop at the Morton Grove Historical Museum, led by Curator Melissa D'Lando, will introduce participants to the basic fundamentals of proper archival storage. We will then process our personal archival collections, resulting in a finished product worthy of a museum! Supplies, which include acid free folders and one archival document box, are included with registration.

NEW!

Code	Age	Date	Day	Time
12272	over 16	5/5	Th	7 – 9 pm

Instructor: Melissa D'Lando
Fee: $35 R/$47 NR

Registration deadline is one week before program starts unless otherwise noted.

Spring Fling Brunch KH

NEW!

Prairie View Community Center

Celebrate spring with the company of friends, food, and live entertainment! More information will be available at the front desk and online by March 1.

Code	Age	Date	Day	Time
12251	over 55	5/12	Th	10:30 am – 12:30 pm

Fee: $3 R/$5 NR

Better Balance SB

NEW LOWER RATES!!

Civic Center

This class is designed to enhance core strength, balance, coordination, stability and flexibility. Range-of-motion exercises are performed from head to toe. *This program is not part of the Group Ex or fitness upgrade memberships. Separate registration is required.*

Code	Age	Date	Day	Time
11836	over 55	1/4 – 2/22	M	10 – 11 am
11837	over 55	1/6 – 2/24	W	10 – 11 am
11838	over 55	2/29 – 4/18	W	10 – 11 am
11839	over 55	3/2 – 4/20	M	10 – 11 am

Instructor: Elise Foss
Fee: $40 R/$54 NR

Hollywood Casino KH

Aurora

Enjoy a leisurely day at Hollywood Casino in Aurora. Large selection of table games, slots and a poker room. Transportation is included in trip fee.

Code	Age	Date	Day	Time
11856	over 55	2/25	Th	8:30 am – 3:30 pm

Fee: $12

Potawatomi Casino KH

Milwaukee WI

Hit the slots at Potawatomi Casino! Trip fee includes $10 slot credit, $10 food credit and motor coach transportation.

Code	Age	Date	Day	Time
11825	over 55	4/8	F	8:30 am – 4 pm

Fee: $30

We Gotta Bingo Show & Lunch KH

Chicago

Start warming up your vocal cords and get ready to shout BINGO! Dubbed Chicago's hilarious interactive dinner theater experience, in the style of Tony n Tina's Wedding, you're going to love this matinee performance of "We Gotta Bingo!" Lunch includes a family-style Italian dinner of appetizers, salad, lasagna and dessert.

Code	Age	Date	Day	Time
11902	over 55	3/9	W	11 am – 4 pm

Fee: $80

Eataly KH

Chicago

Travel to downtown Chicago to see what the buzz is all about at Eataly, a bustling Italian marketplace including 23 eateries. Cost of lunch is on your own.

Code	Age	Date	Day	Time
11824	over 55	5/4	W	11 am – 3 pm

Fee: $12

AARP Smart Driver Course KH

Civic Center

Refresh your driving knowledge with this two day course. ***Pre-registration required by calling 847-965-1200.*** Payment is due to instructor day of the class. ***Please make checks payable to AARP.***

Code	Age	Date	Day	Time
12152	over 55	1/13 – 1/20	W	9 am – 1 pm
12153	over 55	3/16 – 3/23	W	9 am – 1 pm
12154	over 55	5/18 – 5/25	W	9 am – 1 pm

Fee is $15 AARP Member/$20 Non-AARP Member

Trips Depart and Return to Civic Center, 6140 Dempster St. except "Meet Us There"

Maine-Niles Association of Special Recreation

Dedicated to improving the quality of life and, through advocacy and awareness, promoting a successful leisure lifestyle for individuals with disabilities.

Join us as we transform life's challenges into opportunities.

WHO Do We Serve?

M-NASR serves children, teens and adults with physical, intellectual and emotional disabilities through community recreation activities.

WHAT Do We Do?

M-NASR provides a wide range of recreation and leisure programs for people of every age, ability and interest in our service area. These activities include:

- Adapted Activities
- After school Programs
- Arts and Crafts
- Cooking
- Fitness
- Special Olympics
- Trips
- Adult Social Clubs
- Aquatics
- Athletics
- Cultural Arts
- Special Events
- Summer Camps
- Inclusion Services

Our senior participants enjoy low impact and aqua aerobics classes, social clubs and advocacy programming.

WHERE Are We?

Our administrative office is located at:
M-NASR (Prairie View Community Center)
6820 W Dempster Street
Morton Grove, IL 60053
Phone: 1-(847) 966-5522
Fax: 1-(847) 966-8340
Relay System: 1-(800) 526-0844
Web: www.mnasr.org

M-NASR holds programs throughout our service area. We operate several accessible vehicles and offer transportation for many of our activities.

WHEN Do We Serve?

M-NASR provides programming throughout the year. Special services include summer camps, special event and holiday trips, afterschool and day off from school programs.

Our Supporting Arms

The Liponi Foundation

The Liponi Foundation for Special Recreation was formed in 1990 to facilitate participation by children and adults with disabilities in recreation programs. The Foundation was named after the late Sam Liponi who was generous in his support of the Maine-Niles Association of Special Recreation and that work continues today through the efforts of the Foundation. If you are interested in supporting individuals with special needs by attending Foundation fundraisers or making a donation, please call Stella LiPomi, Foundation Treasurer at (847) 966-5522.

Corporate Giving Programs

Do you or someone you know work for an organization with a corporate giving program? These businesses have grant/fundraising opportunities in place for 501 (c)(3) not-for-profit organizations like M-NASR. If you do, please contact us at (847) 966-5522. Sharing this information could provide immeasurable assistance to individuals with physical and intellectual disabilities in your community.

You

Volunteers and part-time staff are integral parts of M-NASR's organization, allowing many to enjoy recreational opportunities who otherwise couldn't. Become a part of this diverse community and have the personal satisfaction of improving the quality of life for people with disabilities. Call Kristine Kuester at (847) 966-5522.

Registering via: ACTIVE network

Resident Registration

Resident registration begins
Monday, December 7.

Non-Resident Registration

Non-resident registration begins
Monday, December 14.

Non-resident fees for Park District programs are 35% more than the resident fee unless otherwise stated.

Household Account *Required* for Registration

All participants must obtain a Household Account in order to register. Create an account by completing and submitting a Household Form (page 53) in person, by mail/drop off or by fax, or online at Apm.activecommunities.com/mortongroveparks

4 WAYS TO REGISTER

Sorry, phone-in registration is not accepted.

Online

Go to Apm.activecommunities.com/mortongroveparks
Online registration is not available at this time for Athletic Leagues, Preschool, B.A.S.E./Before School, Piano, Guitar, Vocals, Memberships (fitness and aquatics), Rentals and Birthday Parties.
Some of the above programs require additional registration forms, which can be found online, filled out and turned in to complete registration at Prairie View Community Center.

In Person

Register in person at Prairie View Community Center.

By Mail/Drop Off

Mail or drop off form(s) with payment to: Registration, Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053. Registration will be processed in the order in which it is received.

By Fax

Fax completed form(s) with credit card payment to (847) 965-4115. Please note that a facsimile signature will have the same legal basis as an original signature.

Accepted Payment

- Credit Card: Visa, Mastercard, American Express, Discover *(a $10 minimum is required for credit card transactions. Registration made with an invalid credit card will not be processed)*
- Cash
- Check (*make checks payable to Morton Grove Park District*)

Refund Policy

Refund requests for recreation programs may be made by phone or in person. Refunds will be granted minus a $5 cancellation fee:

- If notice is given 2 full working days prior to the start of a program.
- For extenuating circumstances (medical, moving, death in the family, etc.) after a program or activity has started at a prorated rate. Proof may be required.
- If a program is cancelled by the Park District, a refund will be made in FULL.
- If a program is cancelled and an alternate choice is offered, a refund will automatically be issued if no response is received within 2 days.

Returned Check Policy

There is a service charge of $25 for all returned checks.

At our lobby kiosk you can register for activities or apply for a job!

Payment Plans

The Morton Grove Park District offers payment plans through the ActiveNetwork System for Club Fitness memberships and designated recreation programs. An automatic debit is processed on a monthly basis from either a checking or credit card account. For further information contact the Customer Services Supervisor at (847) 965-1200. ***A $20 one-time processing fee will be applied on payment plans when credit is used!***

Cancellations

If a class does not have sufficient registration one week prior to its beginning, it could be cancelled.

*Definition of Residency**

Anyone living within the geographic boundaries of Morton Grove is considered a resident. Students currently enrolled in Kindergarten through 8th at the following Morton Grove Public Schools are also considered residents for recreation programs:

- District 63 - Nelson & Melzer
- District 67 - Hynes & Golf
- District 69 - Edison
- District 70 - Park View
- Jerusalem Lutheran District 807-Julia S. Molloy
- MCC Full Time School

*to prove residency a state ID or passport and utiity bill is needed (gas, Nicor, water, ComEd rent/house papers).

American with Disabilities Act Notice

People with and without disabilities are encouraged and invited to register for all Park District programs of interest. The Park District is committed to complying with the Americans with Disabilities Act ("ADA") and all other applicable laws regarding nondiscrimination. If you or a family member has a disability and are interested in participating in or attending Park District programs or activities, the Park District will make reasonable accommodations to facilitate that opportunity, such as providing auxiliary communication aids and services, revising policies and practices, removing barriers, selecting available alternate activity sites or taking other appropriate action.

To assist Park District staff in making appropriate accommodations, we urge you to contact us reasonably in advance of program participation and discuss the necessary accommodation with our ADA Officers, Mike Hayes at (847) 965-0290 or mhayes@mgparks.com and Greg Jayne at (847) 965-0065 or gjayne@mgparks.com.

The ADA Officer will work closely with the Maine-Niles Association of Special Recreation's (M-NASR) Inclusion Manager to provide for your individual needs. Families of individuals with disabilities should contact M-NASR (847) 966-5522 to discuss the individual's participation in the program of choice. The Relay System number is (800) 526-0844.

An ADA Audit was performed for the Park District in June of 2013. The results of this audit are available for review in the park district administrative offices located at Prairie View Community Center; 6834 Dempster Street, Morton Grove, IL 60053 during administration business hours.

Inclusion Services

M-NASR and our Member Districts believe that all individuals should be provided with leisure opportunities that allow for performance at their highest level of ability. Although many people achieve this through participation in a M-NASR program, others may have greater success in an activity held in their home recreation agency. M-NASR and the Member agencies provide accommodations to allow for successful inclusion of individuals with disabilities in the activities of their agencies.

Please contact Tracy Gillingham at (847) 966-5522 ext. 3018 to discuss an individual's options and participation in the program of choice.

Photo/Video Release

Photos and videos are periodically taken of participants in Morton Grove Park District activities. All persons registering for Park District programs/activities or using Park District property thereby agree that any photograph or video taken by the park district may be used by the Park District for promotional purposes including its electronic media, videotapes, brochures, flyers and other publications without additional prior permission and without compensation to the participant.

Waiver

Morton Grove Park District is a member of Park District Risk Management Agency (PDRMA). PDRMA is a self-insured pool that provides liability, workman's comp, and property insurance to its agency. PDRMA does not provide medical accident insurance. As a part of its loss control program, PDRMA requires each agency to have its participants sign a "Release and Hold Harmless Agreement" for all activities. The agreement is located at the bottom of each registration form and is provided along with league roster information.

Warning of Risk

Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating and all other circumstances inherent to indoor and outdoor recreational activities programs exist. It must be recognized that it is impossible for the Morton Grove Park District to guarantee absolute safety.

10% Military Discounts

Military discounts available to active duty, active reserve, veterans, retired military and immediate family members. Call registration at (847) 965-1200 for more information.

Cooperative Programming

Programs including gymnastics, Swim America, Flag Football and Youth Basketball are offered as part of joint agreements. These programs are offered to residents utilizing School District 219 and local school facilities through cooperatives between the Morton Grove Park District and Skokie Park District, Niles Township School District 219 and the Village of Lincolnwood.

In addition, Morton Grove residents are able to register for select programs offered by the Skokie and Niles Park Districts at the resident rate. Visit these districts on the web or call for more information.

Skokie Park District

• www.skokieparks.com • (847) 674-1500

Niles Park District

• www.niles-parks.org • (847) 297-8010

household form

53

Prairie View Community Center, 6834 Dempster St, Morton Grove, IL 60053
www.mortongroveparks.com • Phone: (847) 965-1200 • Fax: (847) 965-4115

Let us assist in creating your Household Account. Complete this form and bring it with you to Prairie View Community Center.
Household Accounts can also be created online by visiting Apm.activecommunities.com/mortongroveparks
In order to register for programs, *THIS INFORMATION MUST BE COMPLETED*. Please complete this form in its entirety.
Thank you for your assistance.

Family Last Name _____

Address _____ City _____ Zip _____

Home Phone _____ Email _____

Cell Phone _____ Check One: ☐ Resident ☐ Non-Resident

Phone, Emergency _____ Emergency Contact Name _____

Emergency Contact Relationship: _____

If the Park District must contact you concerning a program via telephone, how do you prefer to be reached? ☐ Home Phone ☐ Cell Phone

Household Adults

First Name	*Last Name (if different)*	*Sex M or F*	*Birthdate MM/DD/YYYY*	*Additional Information for Staff (i.e. health limitations or special needs)*

Child(ren)/Other Family Members

First Name	*Last Name (if different)*	*Sex M or F*	*Birthdate MM/DD/YYYY*	*Grade (if in school)*	*Additional Information for Staff (i.e. health limitations or special needs)*

54 registration form

Prairie View Community Center, 6834 Dempster St, Morton Grove, IL 60053
www.mortongroveparks.com • Phone: (847) 965-1200 • Fax: (847) 965-4115

Family Last Name _____

Address _____ **City** _____ **Zip** _____

Home Phone _____ **Email** _____

Day/Cell Phone _____

American with Disabilities Act

☐ **Yes,** _____ **needs accommodations.**
Name of participant requiring special accommodations.

A staff member will be in contact with you to make necessary arrangements.

Code	*Program Name*	*Participant's First Name*	*Sex M or F*	*Birthdate MM/DD/YYYY*	*Fee*	*School District (i.e. 63, 67 etc.)*

Total Paid: *$*

Method of Payment Enclosed:

☐ **Cash** ☐ **Check (payable to Morton Grove Park District)**

☐ **Master Card** ☐ **Visa** ☐ **Discover**

Account Number: _____ **Expiration Date:** _____ CSC (security code) _____

Cardholder Name: _____ **Authorized Signature:** _____

Waiver & Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in these programs, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward sustain as a result of participating in any and all activities connected with and associated with said programs/activities (including transportation services/vehicle operations, when provided). "I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation." I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs/activities against the Morton Grove Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred as "Morton Grove Park District"). "I do hereby fully release and forever discharge the Morton Grove Park District from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities".

I have read and fully understand this waiver and understand my signature or my parent/guardian's signature if I'm under 18, is required to take part in Park District program.

Signature: _____ Date _____

Please mail registration to Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053

assistance form 55

MORTON GROVE PARK DISTRICT
6834 DEMPSTER STREET • (847) 965-1200 • MORTON GROVE, IL 60053

MORTON GROVE PARK DISTRICT FINANCIAL ASSISTANCE PROGRAM

***Only Morton Grove residents are eligible.**

Applicants– Please keep a copy of this page for your reference.

Purpose of Program
It is the intent of the Morton Grove Park District to provide the opportunity for its residents to participate in childcare programs. The park district attempts to provide opportunities to its residents facing financial hardship through reasonably priced programs, free programs and through the financial assistance program.

Requirements for Financial Assistance
Only residents of Morton Grove will be considered for financial assistance. Proof of *residency* and *financial need* must be provided to qualify for assistance. Items that will be considered when evaluating include COPIES of current W2 form and past year's taxes plus proof of participation of one or more of the following programs: public aid, food stamp program, school free lunch program, subsidized housing program, excessive medical bills and/or family income.

Types of Financial Assistance Available
1. **Partial Payment** – The cost of the program will be reduced. The amount of reduction will be determined on an individual basis. The balance of the program can be paid in full or be structured in a payment plan though the ActiveNet sysem.
2. **Payment Plan** – The cost of the program will be spread over a period of time to allow the family to afford the program. An initial fee of $25.00 per program will be required at the time the payment plan is setup.

Application Procedure
Persons requesting assistance must complete the park district application form and submit supporting documentation three weeks or more prior the start of the requested program. Application and support documentation can be sent to the Morton Grove Park District at Prairie View Community Center, 6834 Dempster Street, Morton Grove. Applications will be individually reviewed and applicants will be notified of decision as soon as possible.

Application Guidelines

Financial assistance participants must reside within the boundaries of Morton Grove.

1. All information on the application must be true and accurate and will be kept confidential.
2. Financial Assistance funds are legally recoverable if awarded on the basis of false information supplied by the applicant and will nullify the request for assistance.
3. Requests need to be received 3 weeks prior the start of the requested program.
4. Requests must be submitted on standard forms provided by the Park District and must be completed in full, with appropriate documentation provided, and signed by the requesting party.
5. If requests are submitted incomplete, they will be returned to the requesting party for completion before being considered.
6. The Superintendent of Recreation will review all requests for assistance.
7. Submission of written documentation from schools or social services agencies is required and will expedite applications.
8. All assistance will be awarded based on the family need and the ability of the park district to absorb the cost. Morton Grove Park District reserves the right to approve partial funding or deny applicant's request.
9. An application must be completed *EVERY TIME* a request for financial assistance is made to provide current information. Granting of assistance does not ensure continued approval of succeeding sessions.
10. **Only** the following programs are available for Financial Assistance
    - Summer Day, Rise-N-Shine and Extended Camps
    - BASE and B4
    - Preschool
    - Kinder Odyssey
    - GAP
11. **There will be a maximum amount of assistance allowed per family. Each family will be allowed a total of $1000 a year assistance. Morton Grove Park District works on a fiscal year May 1 – April 30.** *This does not guarantee that a family will receive $1000 in assistance, only that a maximum exists.*
12. ***Recipients must pay their portion through the ActiveNetwork System.*** Arrangements for this program are made through the MGPD Customer Service Supervisor. Any delinquencies will impact future requests and may result in removal from the program.
13. All resident registration procedures and policies apply to financial assistance applicant.

MORTON GROVE PARK DISTRICT FINANCIAL ASSISTANCE APPLICATION

This form must be completed and attached to the program registration form and submitted to the Morton Grove Park District, 6834 Dempster St., Morton Grove, Illinois 60053. Following verification of information supplied in this form, applicant will be notified as to the disposition of request.

ONLY MORTON GROVE RESIDENTS ARE ELIGIBLE

Date of Application: _____

Person Completing Application: _____

Address: _____ City: _____ Zip Code: _____

Primary Phone: _____ Email Address: _____

Marital Status: ☐ Married ☐ Divorced ☐ Single ☐ Widowed ☐ Separated

Do you own your home? ☐ Yes ☐ No Do you rent? ☐ Yes ☐ No

Monthly Rent/Mortgage Payment: $ _____

Are you employed? ☐ Yes ☐ No If yes, where: _____

Please list all persons that you support:

First and Last Name	Gender M/F	Birthdate including Year	Relationship

I hereby request assistance for:

Participant's Name	Gender M/F	Program #	Program Title	Fee	Fee You Can Pay

Please check items to indicate financial need and attach documentation (check all that apply):

☐ Family Income (including child support) Monthly Salary/Child Support: $ _____ ☐ Public Aid Aid Number: _____

☐ School Lunch Program School Attending: _____ ☐ Food Stamps Case Number: _____

☐ Excessive Medical Bills Explain: _____ ☐ Subsidized Housing

_____

☐ Other Financial Difficulties Explain: _____

_____

Type of Assistance Needed:

☐ Partial Award: Amount of assistance requested: $ _____

☐ Payment Plan

References: At least two references (i.e. schools, social service agencies, employers) must be provided and permission given below for them to supply the Morton Grove Park District with information regarding applicant's financial need.

Name	Address	Phone	Relationship
1.			
2.			

Please attach **COPIES** of documentation that apply (most recent paycheck stub, past year W2, past year tax documents, public aid, etc). These copies will be kept by the Morton Grove Park District and will not be returned to applicant.

I understand that all information given to the Morton Grove Park District is not a matter of public record and will be kept confidential. I understand that the information I provide will be evaluated to determine whether I qualify for financial assistance.

I have answered all the questions honestly and to the best of my knowledge. All information is true, correct and complete.

Signature of Applicant _____ Date _____

(For Office Use Only)

Date Application Received: _____

Verification of References and Documentation Results: _____

☐ Assistance Denied Reasons:

☐ Assistance Approved ☐ Partial Award ☐ Payment Plam

☐ Applicant Notified Date notified _____ Signature of Superindentent of Recreation _____ Date _____

Registration deadline is one week before program starts unless otherwise noted.

Mark Your Calendars!

Don't miss these upcoming Morton Grove Park District Special Events!

December 7th Resident Registration
December 14th Non-Resident Registration

January 10 – 17	Free Week of Fitness	
January 23	Disney on Ice: 100 years of Magic	10 am - 2:30 pm
February 12	Daddy/Daughter Rockin' Fifties Dance	6:30 - 9 pm
February 19	Hot Wheels Classic	4 - 5 pm
February 19	T.G.I.F. Family Night	6:30 - 8:30 pm
February 20	Cold Brews & Blues	1 - 4 pm
March 11	Clover Hunt	4 - 5 pm
March 19	The Bunny Brunch	10 - 11:30 am
March 23	Bunny Trail	4 - 7 pm
March 24	Teen Flashlight Egg Hunt	8 - 8:30 pm
March 25	Eggstravaganza Egg Hunt	11 am
April 1	Mom & Son Sport Night	6:30 - 8:30 pm
April 2	Spring Arts and Craft Fair	10 am - 3 pm
April 23	Morton Grove Riverwalk	11 am - 1 pm
May 14	Second Hand Treasures Giant Garage Sale	9 am - 1 pm
May 22	2016 Annual Dance Recital	12 - 2 pm
May 28	Oriole Pool Opens	
June 4	Harrer Pool Opens	

Morton Grove Park District
6834 Dempster Street • Morton Grove, IL 60053
www.mortongroveparks.com
Registration Phone: (847) 965-1200
Registration Fax: (847) 965-4115
Hotline: (847) 965-7558

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6201 West Dempster Street, Morton Grove
9147 Waukegan Road, Morton Grove

Morton Grove Park District

Blues Music & Beer Tasting Event

February 20th

Prices, Breweries and additional event information online
www.mortongroveparks.com